

Friday 20 March 2026

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**Board meeting – Chair's report** Our board met yesterday; chair, Alison Evison, has prepared her usual summary of discussions, [which is available to read by following this link.](#)

**Final reminder - ePayroll Self Service - removal of pay details for 2015/2016** The ePayroll system is designed to hold a maximum of ten years - plus current year - worth of pay records. As part of our annual data retention process, the information contained in the Complete Payroll Record and Electronic Documents - P60 and P11D for the tax year 2015/2016 will permanently deleted from the system at the end of March. If you require copies of any pay information for the 2015/2016 tax year, please ensure you download or print these records **before 26 March 2026.**

**Become a Sustainability Champion** Interested colleagues are invited to join a team of Sustainability Champions leading and sharing important work aimed at reducing our environmental impact across NHS Grampian. If you would like to contribute, please contact the Sustainability, Compliance & Risk Team via [gram.scar@nhs.scot](mailto:gram.scar@nhs.scot) Participation is open to **everyone** - whether you are enthusiastic about recycling and energy conservation, or simply wish to develop your understanding of sustainable practices. Want to understand how Climate Change affects our healthcare service? [Follow this Turas link \(log-in required\)](#) to complete the Sustainability: Impacts of Climate Change on People & the Planet eLearning module.

**Welcome Wards: virtual visiting** While it's right we're as flexible as we can be with visiting, our guides also remind family and friends it's best not to visit hospitals if they themselves are unwell. Virtual visiting continues to be available, helping patients to virtually connect with family and friends using iPad tablets while they are in hospital. Guest Wi-Fi is also available to allow patients to use their own devices. For further information and advice about making virtual visiting accessible in your area, please email [gram.visiting@nhs.scot](mailto:gram.visiting@nhs.scot)

**Enhancing accessibility (physical, auditory and visual) for patients, learners and staff within NHS Grampian** You are invited to take part in a research study exploring feelings, attitudes and experiences of accessibility within NHS Grampian, recognising the growing number of students and staff with physical, auditory and visual accessibility needs under the Equality Act 2010. The aim is to enhance institutional understanding, improve user experiences and help reduce accessibility barriers across NHS Grampian. This study is jointly funded by ourselves, the NHS Grampian Charity, and the University of Aberdeen. More information on taking part [is available on the intranet by following this link.](#)

**ICYMI - staff meditation sessions – Foresterhill** There's still a chance for you to try Anapana meditation with free sessions facilitated by our own Dr Khyati Parikh. Taking place on Monday 23 and 30 March, there are two sessions each day, each lasting 25 minutes. Sessions will be held in the Suttie Centre, [more information is available via this link.](#)

## That was the week that was

Monday 16 – refreshed NHS Scotland workforce policies, free places for AHP research skills training

Tuesday 17 – recording of March all-staff briefing, no filming posters available on Pecos

Wednesday 18 – CET weekly report, mandatory discharge referral process

Thursday 19 – meningitis update, Aberdeenshire community hospital review and Team Talk

All briefs are stored online, [just click this link](#) or visit Working with Us>HR Portal>NHSG Staff Daily Briefs on the NHS Grampian website.

**STAR Award** Congratulations to Tracy Green, part of the surgical team at RACH, on her recent STAR Award presentation. As lead and chair of the local shared governance groups, she inspires colleagues, encourages positive change, and represents the ward exceptionally well. Do you know a team, or individual, STAR? Making a nomination couldn't be easier; [all you need to do is complete the short form available via this link](#).

**Step count challenge** We are pleased to say colleagues at Aberdeenshire Council have invited us to take part in their upcoming step/activity challenge. It's not limited to people living or working in the 'Shire'; the more the merrier! The challenge starts on Monday 20 April and runs until Sunday 31 May. A fact sheet with the rules and registration details [is available on the intranet via this link](#). Please read it carefully, get involved, and get active!

**Little Acorns easter egg hunt** The team at Little Acorns would like to invite staff, friends and family to come along and enjoy their annual outdoor Easter hunt to be held at the nursery on Saturday 4 April. 9.30-11am. Tickets are available to purchase in person from the nursery office (cash only) priced at £4 per child, adults are free of charge. All tickets must be purchased in advance; no tickets will be available on the day. All funds raised will be used to improve our nursery environment and play opportunities for the children. If you have any queries regarding this egg-citing event, please contact [laura.yeoman@nhs.scot](mailto:laura.yeoman@nhs.scot).

**Tune of the day** A trio of covers to round off the working week...Janine Legge (service manager in the NMAHP bank) puts forward Erik Grönwell's version of [House Of The Rising Sun](#), bariatric and clinical biochemistry secretary Helen Rowbottom suggests HARRISON! and [All The Things She Said](#), and community learning disability nurse Liz Watt has asked for Pearl Jam's [Black](#), as covered by Blue Moose featuring Garron Noone (yes, the Irish chap from TikTok).

Squeezing in an extra request from Audrey Masson (podiatry secretary). In common with many admin staff and our excellent colleagues working in workforce/payroll/HR, Audrey has been hard at work preparing for the reduction in the working week. It's been a HUGE undertaking, mentally taxing, and comes on top of the 'day job'. Audrey, with tongue firmly in her cheek, has requested Kelly Clarkson and [Stronger \(What Doesn't Kill You\)](#).

For all those celebrating Eid al-Fitr, may your Eid be sweet indeed!

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)