

Wednesday 2 September 2026

Important note – new contact details Effective immediately, please use gram.dailybrief@nhs.scot to submit items for this brief and those all-important tune dedications. All items submitted to date are already logged and you do not need to send them again. Thank you.

Programme for Government 2026-31 The Scottish Government published their Programme for Government yesterday. This includes plans to simplify NHS structures by replacing the current 14 territorial Health Boards, with two Strategic Health Boards and reducing the number of national Health Boards. Laura Skaife-Knight provided a full update on this, via Global email, earlier this morning. It is also [available to read via this link if you missed it](#).

Car parking at Foresterhill – ANPR system go live A numberplate recognition system will go live across staff car parks at Foresterhill on Monday 14 September. Introducing this system is a condition of the temporary planning consent, for the multi-storey car park, that allows staff to use Level 6 and above. We want to remind staff at Foresterhill to the following:

- This system will collect information about car park usage and compare it to our digital registration scheme. To date, some 5100 of you have registered; the scheme remains open and you can use [the form available at this link to register](#).
- Registering confirms your wish to use staff car parking at Foresterhill. It does not guarantee you a space.
- This applies to all staff car parking at Foresterhill, not just the multi-storey car park.
- Use of Level 6 and above of the multi-storey car park is shared with patients and visitors.

The ANPR system will enable us to monitor car park usage, deal with challenges quickly, and, we hope, enable us to demonstrate the multi-storey car park can operate on a shared basis without detriment to patients and visitors.

As a more general reminder, all spaces on all sites designated as Blue Badge or ambulance are for those vehicles only; no exceptions. No-one should be parking on double yellow lines or in hatched areas.

Pension consultation A consultation is underway on proposed changes to the NHS Scotland pension scheme. [Further information and a response document can be found via this link](#). The consultation will remain open until 7 October.

Foresterhill laundry – service disruption Due to an unplanned steam shutdown oversight, the laundry is so far not processing any linen Wednesday 2 September. This may impact the expectation of deliveries over the next few days, so please use linen for patient use only. Scrub suits are not to be worn by non-essential services this ensures the service can prioritise scrubs to theatres across the organisation.

Grampian Engagement Network - digital engagement for community empowerment You are invited to attend a thought-provoking session with Professor Oliver Escobar, Chair of Public Policy and Democratic Innovation at the University of Edinburgh, on Wednesday 7 October 2026, from 10am to 12pm, via Microsoft Teams.

As public services and civic life become increasingly digital, new opportunities for participation and collective intelligence are accompanied by significant risks of exclusion and inequality. This session will explore how digital engagement can help to broaden participation, mobilise community knowledge and creativity, and support stronger relationships between communities and public institutions. All welcome; [you can register by following this link](#).

Nepal/Tibet flooding – space for reflection We are aware colleagues and their families have lost loved ones in Nepal and Tibet, whilst many more have been deeply affected by the awful events of last week. The Spiritual Care team have created a memorial space within the Pink Zone Chapel in ARI for anyone who wants to leave condolences or to pause to reflect or remember. The chapel is always open for anyone who needs a quiet space in which to sit, think, pray, or remember, and chaplains from the team are available to provide support via gram.spiritualcare@nhs.scot.

Wellbeing, Culture, and Development Wednesday

- **Preparing for a positive autumn** As we move into autumn, take some time to reset and prioritise your wellbeing. Work is busy, avoid adding pressure or creating another “to do”. Focus on self-compassion rather than perfection, choose small, realistic actions. This could mean:

Taking regular breaks
Rebuilding healthy routines
Getting outside during daylight hours
Staying connected with colleagues
Setting one small wellbeing goal

Remember, wellbeing isn't about doing more. It's about making time for the things that help you feel your best. This autumn, focus on progress, not perfection.

- **Coaching Skills for Managers - October Application now live** Join this highly rated programme to improve communication and strengthen your coaching- focused leadership style. [Follow this link to apply for the cohort starting on 8 October](#).

For more information on any of these items or to raise any queries, please contact the team via gram.wcd@nhs.scot

Tune of the day A midweek mellow moment for you, courtesy of Billy Bragg and his cover of [Dolphins](#) (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.dailybrief@nhs.scot