

Daily Brief...



Tuesday 2 September 2025

Active Directory – new security feature It is now possible to set security questions in Active Directory, the tool used to keep our online phonebook up to date. To enter security questions and answers within the [Update Active Directory tool](#), select security questions at the top right, you will then be prompted for your current password. Following this being entered you will be able to select your three security questions and answers, then on completion select 'Update'. Completing this step will help streamline the process when contacting the IT Service Desk for password reset support. When contacting the IT Service Desk, you will only be requested to verify specific characters (for example, "Please provide the fifth letter of your first car"). All answers submitted into the system are encrypted and cannot be accessed by Digital colleagues.

Please ensure your entry in the online phonebook is up to date, to ensure Switchboard can direct calls effectively.

Image copyright - what you need to know If you are producing a report or a team newsletter, you may want to include images to tell a story or reinforce a message. However, you must remember photographs, illustrations, and other images are generally protected by copyright. This means you'll usually need the permission of the copyright owner(s) if you want to perform certain acts, such as copying the image, amending or sharing it on the internet. Just because it shows up in a Google image search, does not mean you're free to use it; you must check. Packages such as Sway contain image libraries, which are safe to use. Public-facing publications and materials (not internal team resources) should always go via approved workflow channels. Marketing & Visual Communications (MVC) can assist if you're unsure. You can contact them via gram.mvc@nhs.scot

Notice to all users of Annalise CXR -Annalise Enterprise is upgrading to version 3.6 with the release of the new CXR Model 3.1. This upgrade is scheduled for today, Tuesday, with a period of downtime between 12.30-4.30pm; we apologise for any inconvenience. For further information about this upgrade please contact: Lorna Cameron, Programme Manager in Innovation (lorna.cameron1@nhs.scot)

Spotlight on Realistic Medicine Thank you to everyone who contributed to and joined the recent Future Care Planning virtual event. If you missed it, [all presentations are available here](#) (use the arrows in the bottom right corner to move through the pages). A core theme of the event was Shared Decision Making; you can explore this further through the Turas [eLearning module](#) (login required).

The [Realistic Medicine Casebook](#) includes a powerful example of Shared Decision Making from NHS Lothian (page 33). The POPS team support frail patients considering surgery using BRAN questions — Benefits, Risks, Alternatives, and doing Nothing. This approach has led to a 30% reduction in surgeries and avoided around £300,000 in costs, while improving patient experience and outcomes.

If you want to get in touch with the Realistic Medicine team, contact gram.realisticmedicine@nhs.scot.

National Wellbeing Week - musculoskeletal health It's Day 2 of National Wellbeing Week and today we're focusing on musculoskeletal health. Musculoskeletal conditions can affect your joints, bones, muscles and sometimes associated tissues such as your nerves. They're common in healthcare staff, especially colleagues involved in lifting, handling or moving patients, those who sit or stand for prolonged periods of time, or who undertake repetitive tasks. Rachael Robison from the staff physiotherapy service says:

"We often see the effects that the physical demands of work can have on our bodies which can lead to pain and discomfort. And not forgetting the stress of a busy job! Staying active is not only beneficial for our health but also how well we can cope with these pressures. Regular movement and exercise can help prevent injury and enable you to stay productive, resilient and pain-free."

The service has [put together this helpful guide](#) to the most common musculoskeletal conditions and how manage and prevent pain, be sure to check it out.

NHS Grampian Charity Did you know the NHS Grampian Charity regularly shares stories on social media about the projects and activities we fund, and the difference these make for patients and their families? You can follow us on Facebook, X, Instagram and LinkedIn to keep up to date with our latest news, and every 'like' or 'share' you give is a huge help to the charity. When more people interact with our posts by liking, sharing and commenting, it helps share our work to a wider audience. This means more people in Grampian find out how they can donate to support their local hospital, or a ward/department close to their heart. So, please drop us a thumbs up or a heart reaction next time you're on social media – it only takes a second, but it can make a huge difference.

Tune of the day Adam Gatcombe makes today's request: [One More Cup of Coffee](#) by Bob Dylan. This is dedicated to his health intelligence colleague, Sarah, who during a recent stressful day, forgot to put a cup in the coffee machine before switching it on. In Sarah's defence, I understand Jillian Evans also struggles with working the machine, so we'll include her in this dedication too (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot