

Daily Brief...



Thursday 17 July 2025

Agenda for Change – reduction in the working week We would like to invite all AfC staff who were employed when the working week was reduced to 37 hours in 2024, [to complete this short survey](#). Your feedback will help shape the implementation of the next reduction to 36 hours/week. Hearing from as many colleagues as possible is vital to making this process a success. If preferred, you can scan the QR below to access the survey, which should only take 2-3 minutes to complete. This survey will run for **one week** so don't delay!



Powered Air Purifying Respirators (PAPR) These respirators must **not** be used unless you have undergone training by the Fit Testing Team (based at Rosehill house, Foresterhill) and completed their annual refresher. PAPR kits which are no longer in use should be returned; there's information on how to do this here (intranet link, networked devices only): [Returning unused Powered Air Purifying Respirators \(PAPR\) kits](#)

Grampian Empowered Multicultural staff (GEMs) group – race equality in medicine The GEMs group will hear from Dr Roby Rajan, one of our endocrinology consultants at their next meeting. Taking place on Wednesday 20 August, 2-3pm, Dr Rajan will lead a discussion on the *Scottish Race Equality Forum Report* and the findings from *BMA Scotland's Race Equality in Medicine Survey*. The group will explore the key actions the BMA is calling for—like better data transparency, inclusive induction, embedding race equity in policy, and more. All are welcome, simply contact gram.staffequalities@nhs.scot for the joining information.

Values Based Reflective Practice training We are delighted to offer local Values Based Reflective Practice (VBRP®) Essential Toolkit training. This is open to all health and social care staff with no pre-requirements. After completion, participants can use the tools to reflect on their own practice and participate more fully in groups led by a trained VBRP® facilitator. This training is also a pre-requisite if you would like to progress your skills and move onto VBRP® Dynamics and Processes (Facilitator) training. Information on VBRP® and how to book in this training [are available on the intranet](#) (networked devices only). Alternatively, you can contact June, our VBRP Lead Facilitator via june.gordon@nhs.scot

ICYMI - ARI Pink Zone cafe – weekend closure Saturday 26/Sunday 27 July will be the final weekend opening at the ARI Pink Zone cafe. It will continue to operate Monday-Friday, 7.30am-2.30pm. Aroma ECC is open 9am-7.30pm at weekends and offers breakfast rolls, sandwiches, snacks, and hot and cold drinks. Aroma Cairngorm is open 8.30am-7pm at weekends and serves hot food (including breakfast), sandwiches, snacks, and hot and cold drinks. From Saturday 2 August staff will be charged a reduced rate for hot food at Aroma Cairngorm; simply show your ID badge to the catering team. Discounts are only available on Saturdays/Sundays.

Tune of the day No requests for today, so you're stuck with my choice! [Something Good](#) by Utah Saints, the 1992 original, of course (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot