

Friday 16 January 2026

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**All-staff call with CET - Monday** You are warmly invited to join members of the Chief Executive Team on an all-staff call on Monday between 12-12.30pm. On the agenda will be:

- National and sub national updates
- Update on progress against our 3 organisational priorities
- Assurance Board updates
- Planning for 26/27
- New Culture Programme
- Celebrating our successes
- Questions

If you want to submit a question in advance these can be sent to Laura Skaife-Knight directly, or via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot). Questions can be asked anonymously if preferred. The session will be recorded and shared via this brief for those unable to attend. [No need to book, simply use this joining link](#).

**‘10 before 10’ - starting Monday in ARI** Most days as an organisation we discharge enough people to allow us to admit those who arrive through the course of the day requiring care. However, for a host of different reasons, too many discharges happen late in the day. By then we already have people awaiting admission in both ED and AMIA. Starting on Monday, in ARI, ‘10 before 10’ aims to ensure at least 10 meaningful patient moves (most often discharges but also ward moves and AMIA acceptances) happen between 8-10am each day. The purpose is to establish a reliable pattern of early patient movement; with the benefits it will bring for them and you as staff.

‘10 before 10’ isn’t a performance target, nor is it about creating a league table of wards. It’s about recognising small delays, across many different areas, add up to major challenges. The decision to discharge will, as always, be a clinical one. What ‘10 before 10’ seeks to do is create a shared focus and ensure we are having early conversations with patients and families to understand what they need to be able to go home.

For those interested there will be a daily 10-minute wash-up and brief at 2.45pm in the Secondary Control Room, Office 12, Emergency Care Centre, Matthew Hay Building, Level 1, Green Zone (situated on the same corridor as the Site and Capacity hub). This is a drop-in session for anyone interested in what we’re doing to catch-up, and to bring along challenges and issues they’ve had regarding ‘10 before 10’ so they can be addressed quickly.

**Nine nominations for Grampian Hospital Radio** Congratulations to the team at Grampian Hospital Radio who have collected nine nominations at the upcoming Hospital Broadcasting Association (HBA) Awards. The station, run solely by volunteers, broadcasts from studios in Westburn Cottage on the Foresterhill site. Award winners will be announced at the annual HBA conference in March; best of luck to all involved!

**Assessing the value of NHS outdoor spaces** The NHS Scotland Climate Emergency and Sustainability Strategy requires all health boards assess the value of the benefits arising from use of the NHS outdoor estate. The University of Aberdeen and Public Health Scotland (PHS) are carrying out research to understand the health and wellbeing and economic values of the NHS Scotland outdoor estate to those working at NHS Scotland sites.

All staff are encouraged to take part, [by following this link](#), and sharing your experience of NHS greenspace, blue space, and biodiversity. The survey is live and open until **28 February 2026**.

### **That was the week that was**

Monday 12 – new virology referral process, eRostering SharePoint site now live

Tuesday 13 – proper handling of handover notes, update on Pathway To Excellence accreditation

Wednesday 14 – CET update, invitation to all-staff call on 19 January, new Medusa website

Thursday 15 – Agenda for Change non-pay reforms, Patient Placement Tool survey extended

All briefs are stored online, [just click this link](#) or visit Working with Us>HR Portal>NHSG Staff Daily Briefs on the NHS Grampian website.

**STAR Award** The warmest ‘well done’ to Martyna Chlost, deputy service manager for GMED, on her STAR award presentation. Martyna demonstrated exceptional leadership and commitment during the GMED pilot to cover the Flow Navigation Centre overnight and at weekends. Martyna’s proactive approach and determination made the process seamless and successful, improving patient care and reducing anxiety for clinicians. Do you know a team, or individual, STAR? Making a nomination couldn’t be easier; [all you need to do is complete the short form available via this link](#).

**Tune of the day** Stephen Mitchell, a speech and language therapist at Royal Cornhill, makes today’s request: [Living In A Box](#) by Living In A Box, noting the untimely death of lead singer Richard Darbyshire towards the end of last year.

Thanks also to the eRostering team, who have given me free rein to select a tune to mark Taylor Curtis moving on to pastures new. I’ve picked [I Got The...](#) by Labi Siffre, sampled of course on Eminem’s ‘My Name Is’. I propose this as a theme for next week; the original tunes sampled to great effect on new tunes. I’ve got a few up my sleeve, but you never let me down (also, Chas ‘n’ Dave were session musicians on the Labi Siffre recording, fact fans, so therefore helped Eminem have a hit. Who knew?).

Whatever your weekend holds, have a good een. Thank you. (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)