

Thursday 16 April 2026

Data security – keep your devices secure Your phone/laptop/computer pin codes and passwords are the keys to your devices and all the data and systems they have access to. Never leave pin codes or passwords stuck to or with (e.g., in the same bag as) your computers, laptops, phones or other data devices. If the device is stolen or your office is broken into, all the device's security is bypassed because the criminal has the codes and passwords. It's like locking your front door, then taping the key and the alarm code to the outside where anyone can see them and let themselves in.

Updated hospitality request form The hospitality request form has been revised, in line with catering price increases, [and is available via this link](#). Please delete any previously saved versions of this form, as the prices listed no longer apply, and use only the version linked to above.

Green Car Salary Sacrifice Scheme – register your interest More than 800 of you have already registered your interest for this scheme. We appreciate your patience as colleagues from our partner provider Zenith put the final touches on the scheme online portal. A 'portal live' day will be announced soon along with a set of FAQs. Before you'll be able to access the portal, you must give us permission to pass your details to Zenith [by completing the form available via this link](#). It is only available on networked devices; if you don't have routine access to one of these, you can ask your line manager to complete it on your behalf. We would ask managers to ensure their team are aware of this opportunity.

Shared Learning Events The April Shared Learning Event will take place via Teams, next Wednesday (22 April), between 12-1pm. The presenters will be Amanda Gotch (consultant midwife) and Alex Mackenzie (lead physiotherapist, acute); the topic is 'Adverse Event Review – Fall Resulting in Harm'

These shared learning events are organised by the quality improvement and assurance team (QIAT), and held monthly, to share knowledge and learning. Typical topics for discussion include clinical and adverse events, complaints, and Ombudsman cases. Access to past recordings can be found on the [QIAT intranet page by following this link](#) or in the dedicated Teams channel. If you would like to join the group, attend this session, or discuss presenting at future events, please contact gram.qiat@nhs.scot

Free online VOiCE training VOiCE is a planning and recording, secure, software solution assisting individuals, organisations and partnerships to design and deliver effective community engagement. The software is essential for individuals and organisations that want to:

- Demonstrate the quality of their engagement process to funders.
- Develop and share plans with partners that meet your engagement purpose.
- Monitor progress in engaging with the community.
- Evaluate the quality of their engagement.
- Learn lessons for future engagement activity.

The next training session will take place on Monday 27 April, 10am-12pm. [Follow this link to book a slot.](#)

Grampian stroke multidisciplinary conference 2026 This event will take place via Teams on Wednesday 27 May, 9.30am-3pm, and registration is now open. Keynote talks this year will include:

- Mental imagery
- Hyperacute nurse service and Discharge2Assess (D2A)

To register, [simply follow this link](#), complete the short registration form and press submit. You will receive a confirmation email with the event link. The event is open to any staff involved in – or interested in – stroke care. Questions? Contact gram.mcn@nhs.scot

Values Based Reflective Practice essential toolkit training – Elgin & Aberdeen dates Values Based Reflective Practice (VBRP®) aims to support wellbeing and give you the tools to reflect on your practice to continue to deliver person-centred care and re-connect with their core values. This VBRP® Essential Toolkit training is for all health and social care staff and there are no pre-requirements. Training is in-person and is a full day session. Dates and course details [are available via this Turas link](#) (log-in required)

After completion, participants can use the tools to reflect on their own practice and participate more fully in groups led by a trained VBRP® facilitator. This training is also a pre-requisite if you would like to progress your skills and move onto VBRP® Dynamics and Processes (Facilitator) training. But what is VBRP®? [You can find more information via this link](#) or get in touch with June, our VBRP® Lead Facilitator via june.gordon@nhs.scot

Reminder - AHP welcome session If you are an AHP working at Band 5 who has joined the organisation in the last 6 months, you are invited to a welcome session on Thursday 30 April, 2.30-4pm. This is your opportunity to meet our AHP director, Lynn Morrison and AHP practice education leads, Julie Gillespie and Ann-marie Anderson.

This session is open to Band 5 AHPs who have joined the organisation in the past 6 months and/or Band 5s in their first year of practice who missed the last event. [For more information and to register please follow this Turas link \(log-in required\).](#)

Staff meditation sessions – Foresterhill – dates for April/May Thanks to the enthusiastic response to free Anapana meditation sessions facilitated by our own Dr Khyati Parikh, further dates have been arranged for April and May. Sessions will be held in the Suttie Centre and in Ashgrove House, [more information is available via this link.](#)

Tune of the day Singer songwriter Gerry Rafferty was born in Paisley on this day in 1947. From The Humblebums to Stealers Wheel to his solo career, he left behind some absolute classics at his untimely death in 2011. For today, it has to be [Baker Street](#) (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot