

Tuesday 15 September 2026

Every Penny Counts – don't throw money in the bin During our recent Every Penny Counts sessions, the cost of processing waste cropped up several times. Recycling waste is by far the cheapest to process, at around **£50** per tonne, compared to clinical waste, which is around **£560** per tonne, or waste which must be incinerated, which costs **£982** per tonne. Clearly, we need to handle our waste safely and we will always produce clinical waste. However, too much of what could be recycled is going into the wrong bins, at a cost to the organisation and the environment. Teams can make a huge difference by popping items which are non-infectious, including medicine boxes, soft plastics, hard plastics and plastic wrapping, into our mixed recycling bins. Need a refresher on which waste goes where? There are two helpful – and short – modules on Turas to guide you. Simply follow the relevant links below, remembering Turas requires a log-in:

[Waste and Recycling – non-hazardous waste](#) [Waste and Recycling – hazardous healthcare waste](#)

ICYMI – all-staff briefing – NHS reform The next all-staff briefing, scheduled to take place on Monday 21 September, 2-2.30pm, will be focused solely on NHS reform. Your questions are welcomed and can be sent to gram.communications@nhs.scot. You do not need to book to attend this briefing, [just use this joining link at the above time](#). As usual, it will be recorded and shared for the benefit of those who cannot attend. There will be a further all-staff briefing on 5 October, which will pick up on 'business as usual' matters.

Update – Alpha Sol+ AP3 FFP3 mask This product has been renamed to Alpha Sol+ APS3. This is a product name change **only**. If you have a current pass on the AP3 it is valid for the APS3. No additional fit testing is required. However, if you cannot get a seal when carrying out your fit check with the APS3 mask, please arrange a fit test for the APS3. For appointments at Rosehill House, Foresterhill site, [please use this online booking link](#). For any other appointments out with Rosehill House please email the fit testing hub gram.face-fit-appointment-hub@nhs.scot or contact your ward/dept fit tester. The new APS3 is now being substituted on orders placed for the AP3. The current AP3 code and description will be replaced soon with the new APS3 details for ordering.

Rehabilitation Week 2026 - Clashieknowe rehabilitation flats Led by the Chartered Society of Physiotherapists, Rehabilitation Week is an opportunity to show the difference it can make every day. Here in Aberdeen, as part of the shifting the balance of care towards community-based services, Clashieknowe has established a new rehabilitation service within 9 flats (4 wheelchair access/5 bedsit). The new service has Physiotherapy/Occupational Therapy on site to provide intensive therapy Monday-Friday, can support people using Moving and Handling equipment (e.g. hoist/stedy), and caters for aged 18 years upwards and any speciality considered. Further information, including criteria and referral forms, [can be found by following this intranet link](#).

Bringing conferences to Aberdeen A new joint taskforce involving colleagues from Aberdeen's two universities and NHS Grampian is looking at ways of attracting more academic national and international conferences to the city. Please [follow this link to complete a short questionnaire](#), allowing the team to understand more about the barriers to hosting conferences in the region. All respondents will be entered into a prize draw to win two tickets to Kevin Bridges at P&J Live, on Friday 11 December 2026.

National Business Services Programme Work is underway to modernise NHS Scotland's HR, payroll, finance and procurement systems through the introduction of new cloud-based technology. The programme aims to make processes simpler, more consistent and easier to use while improving access to information, resilience and efficiency. As the new systems are introduced, currently planned from 2028, employees and managers can expect increased self-service functionality, changing how they access information and complete a range of HR, payroll, finance and procurement activities.

NHS Grampian continues to play an active role through local governance arrangements, including the Business Systems Oversight Group and project groups with representation from workstreams and staff side colleagues, alongside participation in national workstreams. This helps ensure NHS Grampian contributes to shaping the future solution and is well prepared for implementation. Further updates will be shared as the programme progresses.

Adult Support & Protection (ASP) newsletter The latest issue of the Grampian ASP learning & development group quarterly newsletter - GrASP Insights - [is available now via this link](#). It provides up to date information about ASP developments, locally and nationally, and includes the Grampian ASP training catalogue as well as lots of useful links, updates, and learning opportunities. 2027 training dates are included in this issue.

Still thinking about VBRP® Essential Toolkit training? We have a few places available for Monday 21 September. If you meant to sign up earlier but holidays got in the way, there's still time. Essential Toolkit training offers practical reflective tools you can use in everyday work and is open to all health and social care staff, with no previous experience required. [Booking is via this Turas link \(log-in required\)](#). For more information about VBRP® just get in touch via june.gordon@nhs.scot or gram.vbrp@nhs.scot

Engagement 101 – ‘Why you should be engaging with patients every day and how to get started’ This relaxed and informal session has been designed by our Public Involvement Team as an introduction to patient and service user engagement. The session will be of interest to those who may be new to engagement or interested to find out more so they can make a difference in the service they work in. It offers colleagues a ‘whistle stop tour’ through engagement good practice to demystify what is involved and provide you with some simple next steps for how to get started. September and November dates now available, [please use this Turas link \(log-in required\) to secure your place](#).

NHS Grampian Charity Did you know that a new Nature Garden is opening at Foresterhill tomorrow? Created by NHS Grampian Charity and NHS Grampian's sustainability team, the garden provides a new biodiverse greenspace where patients, visitors and staff can step away from the clinical environment, spend time outdoors, and enjoy nature. All staff are welcome to come and join us in the garden tomorrow at 2pm for a short opening event where you'll have the chance to find out more about the space, how it can be used, and to explore. You can find the garden here: <https://maps.app.goo.gl/66gFoANuxPhqRaR87>

Tune of the day Today marks 40 years since the Beastie Boys released their debut album, Licensed to Ill. Here's [The New Style](#) for your Tuesday tune. If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.dailybrief@nhs.scot