

Monday 15 September 2025

Director of Public Health appointed We are pleased to announce Professor Shantini Paranjothy has been appointed as Director of Public Health.

Professor Paranjothy began her career in 1995 as a junior doctor in gynaecology, obstetrics, and sexual health. Following completion of her public health training, she worked for Public Health Wales and was a Professor of Preventative Medicine at Cardiff University. She joined us in 2020, acting as lead public health consultant for the Test & Protect programme during the pandemic. She is also a Professor of Public Health at the University of Aberdeen. Professor Paranjothy was appointed deputy director of public health in 2023.

Shantini said: *“It’s a privilege to lead the dedicated team of professionals who make up the public health service in Grampian. I look forward to continuing our important work in improving health outcomes for everyone in the region.”*

Value & Sustainability Programme - Quarter 1, 25/26 bulletin The latest bulletin from the Value and Sustainability Programme [is out now and available to view here](#) (intranet link, networked devices only). The programme is going through a period of transition and broadening its focus as we work to improve our financial position. Future bulletins will further reflect this change in focus.

Foresterhill staff parking – registration A reminder registration is now open for the new staff car parking scheme. There is a rolling scheme, with no deadline. Enforcement is expected to begin in late October/early November. One week in, there are a couple of points we want to clarify:

- You will not receive a physical permit as part of this scheme. Existing permits will be void, so you must register for this new scheme.
- The registration form is only accessible on NHS Grampian devices OR on personal devices which have the relevant security programme installed. We are working with students on placement to find a workaround which allows them to register.

Any queries about this scheme should be sent to gram.aricarparkingpermits@nhs.scot To complete your registration, you will need to confirm your name, pay number, vehicle registration, and your line manager’s name. [This is the link to the registration form.](#)

‘Share to Save’ or ‘What about WARP-IT?’ Take a look around your workspace. Can you see equipment, furniture, or other items you no longer need, but which are in good working order? Why not register for – then add those items onto – WARP-IT? It’s a simple way to share surplus equipment and resources across our organisation and with our partners. Instead of disposing of items you no longer need, you can list them on WARP-IT for others to claim and reuse. This not only helps reduce waste but also saves money that can be redirected to frontline patient care.

To date, use of WARP-IT has saved the organisation over £215,000 and kept items weighing a total of 26 tonnes in use and out of landfill. The more of us who get involved, the more the savings will grow. Follow this link [to see how WARP-IT works](#) and start saving!

Falls Awareness Week – starting today Did you know, from 30 onwards, our muscles can lose up to 8% of their strength each decade? This can make daily activities more difficult and increase the risk of having a fall. Sport Aberdeen, in conjunction with NHS Grampian and Aberdeen City Health and Social Care Partnership, are looking to share this message and encourage people to take action to help reduce their risk of falls. Please see their web page: [Stand Up to Falls - Sport & Activities - Sport Aberdeen](#) and join them in sharing this important message. Further information on Falls Awareness Week can be viewed here - [Falls Awareness Week | Medline UK](#)

Shared Learning Event – this week The next Shared Learning event will take place between 12-1pm this Wednesday (17 September) on Teams. We are very pleased to welcome Mark Johnston from NHS Education for Scotland to present Just Cultures and Human Factors. These events are a monthly forum to share knowledge and learning and are open to all. Access to past recordings can be found on the Quality Improvement and Assurance Team website which can be found here [Shared Learning QIAT Intranet page](#) or on the Shared Learning Event MS Teams channel. If you would like to join the group, attend this session or discuss presenting at future events, please contact gram.qiat@nhs.scot

Careers that Care We are hosting 'Careers that Care' at Curl Aberdeen on Wednesday 1 October. It is for anyone interested in a career in the NHS – pupils choosing subjects, school leaver, undergraduates, or simply those ready for a new challenge – so please share the registration form far and wide: [NHS Grampian Careers That Care 2025 - Booking Form](#)

Pause for thought Freedom! Do you embrace it, enjoying the flexibility to do your own thing; or escape it, seeking structure and rules? What does freedom mean to you?

Tune of the day We're in a celebratory mood today, as Teresa McHardy from the ARI theatres team marks 35 years with the NHS this month. The emergency theatres team collectively wish her all the best and have asked for [Itsy Bitsy Teeny Weeny Yellow Polka Dot Bikini](#) (the Timmy Mallet version), as it was number one when she started back in 1990.

To mark Falls Awareness Week, the CAARS team in Aberdeen City make today's second request: Elton John and [I'm Still Standing](#) (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot