

Wednesday 14 October 2026

Celebrating AHP Day - a message from Lynn Morrison, director of Allied Health Professions

"Happy AHP Day to all our amazing Allied Health Professionals here in Grampian. We have over 1400 AHPs across 12 unique professions: dietitians, podiatrists, speech and language therapists, physiotherapists, prosthetists, orthotists, diagnostic radiographers, therapeutic radiographers, occupational therapists, orthoptists, paramedics, and art therapists.

"Today is an opportunity to celebrate, appreciate and recognise the extraordinary contribution AHPs make to the people and communities we serve right across Grampian. You are part of an incredible workforce helping people live healthier, more independent, lives every day through your skill, expertise, compassion, and commitment, wherever you work and whatever role you hold. From our AHPs working across hospitals, communities, GP practices, schools, prisons and many other settings, to our AHP healthcare support workers, AHP practice education leads and AHP leaders – thank you all for the invaluable contribution you make to support the delivery of person-centred, safe and effective care every day.

"I hope you can take some time today or in the coming days to connect with colleagues, celebrate your achievements, share your stories, and feel proud of the positive impact you make.

"My heartfelt thanks to every one of you for everything you do - Happy AHP Day!"

Sustainability myth-busting We're giving you the facts as we aim to be the most sustainability organisation we can be. Do you think setting up recycling in your area is the responsibility of the Facilities & Estates Team? Incorrect; ensuring there is accessibility to recycling bins is the responsibility of all staff in that area. This is simple to set up:

1. Order a bin using PECOS (supplier is Wybone, code is CAP/AP/70L/GRN) or use WARP-IT to see if there are any available second-hand.
2. Apply a recycling sticker on to the lid of the bin – these can be ordered through gram.resources@nhs.scot
3. Speak with Domestic staff in your area to make them aware of recycling bins added to your area and ensure clear bags are used with these bins.

Research and Development Update Congratulations to consultant Sam Philip and the wider team for recruiting the first UK participant for Eli Lilly's BARICADE-PRESERVE study, evaluating Baricitinib in

those newly diagnosed with Type 1 diabetes. Further information about this study can be found by [following this link](#).

Wellbeing, Culture, and Development Wednesday

- **Why having your say matters** Staff experience is a key component of the NHS Scotland Staff Governance Standard, which aims to ensure we are well informed, appropriately trained and developed, involved in decisions, treated fairly and consistently, and working in an environment that promotes safety and wellbeing. Our experience matters; taking a few minutes to complete the Everyone Matters pulse survey (open until Sunday) means you can help shape the way we work together. Every response provides valuable insight into what's working well and where improvements are needed. When we share our views, we can create a healthier workplace, stronger teams, and ultimately better care for the people we serve.
- **Coaching Skills for Managers - December cohort now booking** Join this highly rated programme to improve communication and strengthen your coaching-focused leadership style. To join the group starting on 7 December [please complete the form available at this link](#).

For more information or to raise any queries, please contact the team via gram.wcd@nhs.scot

NoS Adult Major Trauma Education Session The next adult major trauma education session will take place on Thursday 29th October 2026, 12-1pm, on MS Teams. The topic is 'What does a US Level 1 Trauma Centre look like, and what does it do', presented by Dr Jan Jansen, from the United States. There's no need to book, simply use this [link to join the meeting](#). Link to previous education session recordings can be found [here](#)"

Diabetes Conference For those that may have missed the Diabetes MCN Professional Conference that took place in September, or if you fancy a refresher, a Lunch & Learn webinar session will be taking place from 12:30-1:30pm on Wednesday 4th November to look back at a couple of the sessions that were discussed on the day.

This session will cover:

- Pharmacological Management of T2DM in 2026 - *Dr Jane Dymott and Dr Susan McGeoch*
- A New Direction of Travel in T2DM Guidelines: Disease Modifying Medicines - *Prof. Naveed Sattar (pre-recorded)*

Should you wish to register for this online event, [please click here](#).

Tune of the day You don't need us to tell that, on this day in 1988 Def Leppard became the first act in chart history to sell seven million copies of consecutive LPs – with Pyromania and Hysteria. To mark the occasion, and to give us our song for today, here's [Armageddon It](#).

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.dailybrief@nhs.scot