

Friday 14 November 2025

‘Flu vaccination – don’t miss out With the latest figures from Public Health Scotland showing a significant jump in confirmed cases, we’re taking this opportunity to remind you of your vaccination opportunities:

- Drop-in to Aberdeen City Vaccination and Wellbeing Hub, Mon-Sat, 10am-4.30pm
- Drop-in to any Aberdeenshire clinic (except Huntly) during November. Locations and opening time information [is available at this link](#).
- OHS are hosting a clinic at Foresterhill Lea on Tuesday 18 November, prioritising Facilities and Estates colleagues. Contact them directly to book.
- Book your appointment online [using the national vaccination website](#).

All NHS staff and social care colleagues with direct client contact are eligible for a free ‘flu vaccination.

Across Grampian, our clinics offered 65,484 appointments in October; there were 12,427 Did Not Attends. If you have friends or family eligible for vaccination and the appointment date or time doesn’t suit, please encourage them to reschedule, so slots are available for others. Thank you.

Winter Wellness Guide We want everyone to stay happy, healthy, and warm this winter. Our dedicated [winter website is now live and available via this link](#). There you’ll find our winter support booklet which includes information on:

- Know who to turn to when you are ill or injured
- Looking after your health
- Emergency contacts
- Keeping safe out and about

We hope you find it helpful; please share with neighbours, family, and friends.

ARI East End entrance – resurfacing work The car parking spaces immediately outside the East End entrance to ARI will be out of use on **Monday 24 November** between 6am and 6pm. This is to allow for essential surface maintenance and relining works. There will be **no** vehicle access to this entrance. A safe pedestrian route will be marked out; access for people with disabilities will be via the Rotunda and main hospital entrances. We apologise in advance for any inconvenience.

Aberdeen Fertility Centre shortlisted for award Congratulations to the Aberdeen Fertility Centre team who have been shortlisted in the ‘Green Warriors’ category at the Vitrolife Excellence in Fertility awards. Winners will be announced at an event in London on 27 November; we wish them the best of luck!

Grampian Hospital Radio – by royal approval Grampian Hospital Radio, the volunteer-run station broadcasting to hospitals in Aberdeen, has been awarded The King's Award for Voluntary Service (KAVS) – the highest honour a voluntary group can receive in the UK. Since 1981, dedicated volunteers have presented programmes and collected requests, bringing connection and a sense of normality to those in hospital. We are delighted for GHR team, who well deserve this honour!

That was the week that was

Monday 10 – Toolbox Talk – enteric outbreak management, winter schedule for National Distribution Centre

Tuesday 11 – Winter preparedness plan, 'flu vaccination update, soup & sandwich offer at catering outlets

Wednesday 12 – Chief Executive's blog, Reduced Working Week phase 2, radon gas – what you need to know

Thursday 13 – Winter preparedness – site safety, managing petty cash

All briefs are stored online, [just click this link](#) or visit Working with Us>HR Portal>NHSG Staff Daily Briefs on the NHS Grampian website.

STAR Award We doff our caps to Jeanette Smith, medical secretary in paediatric neurology, on her recent STAR Award presentation. Jeanette is a valued member of the department whose kindness and generosity shine through daily. Whether supporting colleagues, helping porters, or assisting nursing staff, she's always ready to lend a hand. Remember, nominating a colleague or team for a STAR award is super simple; [all you need to do is complete the short form available via this link](#).

Tune of the day Liz Smith retires today from her role as a physio support worker at Jubilee Hospital in Huntly, after some 33 years with the NHS. Colleagues say she will be a huge miss, but they wish her all the best and have asked for [Ain't No Sunshine](#).

Fifty years ago this month, Patti Smith released her debut album, Horses. From that album, here's [Horses/Land of a Thousand Dances/La Mer \(de\)](#). If what you're after today is something bang up to date, this very week the always excellent Robyn released her latest, [Dopamine](#).

I'm not quite sure how, but it's Friday once again. Whatever the weekend holds for you, take care of yourselves. There might be better folk out there, but I've yet to meet 'em (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot