



Wednesday 14 May 2025

**Board escalation - message from Alison Evison, Chair, NHS Grampian** "Following the message from Adam Coldwells and I, <u>shared yesterday and available here</u>, I want to again acknowledge the amazing work you are all carrying out, in such difficult circumstances. You only have to look at the comments on the staff stories shared on our social media accounts to see how much your kindness and compassion means to people.

"While we are certainly in a difficult position, the additional support we will get from Scottish Government in light of this escalation is welcome. It will enhance the already high levels of team and partnership working taking place across the local system.

"On a practical note, I will be in the ARI Orange Zone cafe on Thursday, between 1-2pm and would be happy to discuss any of this further with you. Colleagues not at ARI; I will do my utmost to visit you soon for similar conversations."

**Hand hygiene survey** As a reminder, the infection prevention & control are looking for feedback on hand hygiene practices, via this short survey: <u>Hand Hygiene Survey– World Hand Hygiene Day 2025</u> It will take you just a minute (or less) but your answers will provide them with valuable insight to hand hygiene knowledge and behaviours. This survey will close on 20 May.

**Grampian sexual & reproductive health service – north-east update** This annual event will take place on 6 June at the Civic Rooms in the Town House in Aberdeen. Virtual attendance will also be facilitated. It is aimed at the multi-agency teams involved in sexual and reproductive health, and would interest general practitioners, practice nurses, school nurses, women's services, pharmacy services, and trainees in relevant specialities.

There will be updates from the service as well as further information on Pre-Exposure Prophylaxis (PrEP), female genital mutilation, and contraception. This event does come at cost; for further information on this and to register, please follow this link: <u>Sexual & Reproductive Health Service - NE</u> <u>Update 6 June 2025 - Registration Form</u>

**Grampian Pride 2025** On Saturday 7 June we will be lining up to take part in the annual Grampian Pride parade in Aberdeen. If you would like to be part of the #ProudToBeNHSG delegation, all you need to do <u>is fill in this short form</u> and the Corporate Communications team will be in touch to make arrangements.

**Operating Department Practitioner (ODP) Day** Today we celebrate the ODPs working across Grampian. The profession celebrates 80 years this year – their 'Oak' anniversary. We've been training ODPs locally since 2019, in conjunction with the University of the West of Scotland. The 2025 cohort will begin in September; applications open this week. There's more information on the UWS website here: <u>BSc Operating Department Practitioner (Graduate Apprenticeship)</u>

**ICYMI - AHP dementia webinars** A second series of webinars to support AHPs working with people with dementia will get start next week. Details as follows:

- <u>'Stress & distress in dementia' Wednesday 21 May, 12-12.30</u>.
- 'Dementia inclusive environments' Wednesday 28 May, 12-12.30.
- <u>'AHP rehabiliation in dementia' Wednesday 11 June, 12-12.30</u>

To register for any – or all – of the above events, simply follow the relevant link. All events will be recorded and made available online for those unable to attend. Previous webinars are already available to view here: <u>Webinars, Blogs and Other Training Resources – Hi-Net Grampian.</u> Questions? Contact <u>gram.ahpdementia@nhs.scot</u>

## Wellbeing, Culture, and Development Wednesday

- Management Development Programme Our enhanced programme is now accepting new applicants! With two distinct streams, you can tailor your experience to suit your needs. For further information and to apply, follow this Turas link: <u>Management Development Programme</u> | <u>Turas | Learn</u>
- Mental Health Awareness week Celebrate the power of community During this annual campaign, let's celebrate the power of our community. Whether it's colleagues, family, or friends, having someone to talk to can make a huge difference. Remember to be there for others too. Sharing experiences with your peers fosters belonging and reduces isolation. It's comforting to know you are not alone. Good mental health is crucial for overall wellbeing. One in four of us will face mental health challenges at some point. Recognising this is the first step to seeking help. For more information and support visit the updated We Care Website: We Care (wellbeing support for health & social care staff) or the National Wellbeing Hub: What is the National Wellbeing Hub? National Wellbeing Hub

To contact Wellbeing, Culture and Development, please email gram.wcd@nhs.scot

**Ticket offer – Gary Barlow** Discounted tickets to see Gary Barlow at P&J Live on Saturday 24 May are <u>available via this link</u>; following your feedback on previous offers, it appears accessing the ticket site via a personal device is an easier experience. As a reminder, NHS Grampian is not responsible for these offers, and we do not benefit from them.

**Tune of the day** We start today with a request dedicated to Helen Imray and Julie Knight, both of the Fulton Clinic. Their colleague Gillian has let us know they are starting the retirement process after each serving the NHS for 37 years. For them, the fabulous Erasure and <u>A Little Respect</u>. For all our marvellous ODPs, here's Mary Mary and <u>Shackles (Praise You)</u>. Happy (big) birthday to Louise Ballantyne (head of engagement) from all your colleagues, along with <u>Superwoman</u> by Alicia Keys. Finally, keeping it relative is medical secretary Fiona McAllan with <u>Little Sister</u> by Queens Of The Stone Age. And, yes, of course I watched the first Eurovision semi-final last night. I don't believe we've seen our winner yet.... (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via <u>gram.communications@nhs.scot</u>