

Monday 14 August 2023

Update from Linen Services The laundry at Foresterhill continues to operate under contingency measures, with Linen Services facing sustained service pressures. They have asked us to pass on their gratitude for the support and patience all teams have shown to date. All areas are receiving adequate supplies of clean linen; you can support your laundry colleagues by remembering the following:

- Change beds when necessary, ensuring this is within the 7-day window
- Towels must be used appropriately e.g., use paper towels for spills, not fabric towels.
- Throws/blankets are for the use of patients only.
- If you have more clean linen than you need, please see if neighbouring services can use it, instead of returning to the laundry via the dirty waste stream. This wastes valuable time re laundering already clean supplies
- Please make sure you are only sending linen to be laundered. The team have recovered headphones, remote controls, and glasses, amongst other items. These can damage our machines, further affecting the service they can provide.
- A cheap biro pen can end up costing hundreds of pounds; ink stains cannot be removed, and this linen must be disposed of. Take your pen out of your pocket before sending scrubs to be laundered.

Linen Services are taking this opportunity to review the service they provide. They will be in touch with teams directly to discuss their requirements; please bear in mind your future service may change. The team will always ensure departments have what they need but some ad-hoc arrangements may end. Thank you again for the support you have shown the team.

Change from coloured disposable aprons to white disposable aprons From next Monday (21 August) coloured disposable aprons for different nursing and domestic activities will no longer be available to order. All staff should use white aprons. This change will ensure we have a consistent, reliable, supply. As per standard infection control precautions (SICPs), you should continue to change aprons between patients and following completion of a procedure or task. This change is expected to last for around 6 months. All existing stock should be used, however, from 21 August only white aprons will be available to order from the National Distribution Centre via SKU 248353. White aprons will be supplied to NHS Grampian free of charge until April 2024. If you have any queries regarding ordering, please contact your local Ward Product Management Team or the central procurement team via gram.logscustserv@nhs.scot

Flying Start Facilitators – refresher The NMAHP Practice Education team will be delivering a short refresher session for existing Flying Start Facilitators for all Nursing, Midwifery and Allied Health Professionals, this Wednesday (16 August). The session gets underway at 3pm and will be delivered via MS Teams. Booking is via Turas (log-in required): [Flying Start Induction for Facilitators | Turas | Learn \(nhs.scot\)](#) For any other information, please contact gram.practiceeducation@nhs.scot

NHS Grampian Staff Equalities Network – 16 August At this month's network meeting we will welcome Annie Ganguly and Amanda Campbell, ahead of our inaugural Celebrating Diversity festival, scheduled to take place on 4th October 2023. This exciting event is being held as part of our activities around Speak Up Month 2023 under the theme of "Breaking Barriers".

Our Celebrating Diversity festival will offer delegates the opportunity to find out more about the progress we have made towards becoming an antiracist and anti-discriminatory organisation and learn about the things we can each do to improve the experience for all our workforce. You are invited to join us at **2pm this Wednesday** to find out more about this exciting work, help us to shape the event, and be part of the wider activities taking place around Speak Up Month this October. If you have any questions about the Staff Equalities Network or would like the link to join this session, please email gram.staffequalities@nhs.scot

Pause for thought What resources do you rely on that you once never needed? What might you gain for yourself if they were no longer available to you?

Tune of the day This one goes out to all the parents and carers in Moray; your schools go back tomorrow! Whether it's not a moment too soon, or you'll be shedding a quiet tear, I dedicate today's tune to you: [Back to School](#) from Grease 2 (the better film. I said what I said.) (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot