

Friday 13 February 2026

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**All-staff call with CET** You are warmly invited to join members of the Chief Executive Team on an all-staff call next Monday (16 February) between 10-10.30am. This is your opportunity to hear the very latest on what's happening across the organisation. You can submit questions in advance (anonymously, if preferred) by emailing [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot) These sessions are recorded and a link shared in this brief for those unable to attend. [No need to book, simply use this joining link.](#)

**Reminder – briefing on organisational priorities** Taking place at 3.30pm this afternoon, this 30-minute session is open to all staff. You'll hear about work underway to develop and refine our priorities over the year ahead. If you haven't received the invite, please email [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot) to request the link.

**Adult Support and Protection - Upcoming Learning Event** As part of a week of activities leading up to Adult Support and Protection Day next Friday (20 February), the public protection team are offering a 'lunch and learn' session on Wednesday 18 February, 12-1pm.

This interactive multiagency event will look at the key area of Adult Support and Protection in care homes and supported living services. It is open to all colleagues with an interest in this area of work. [Simply follow this link to register.](#)

**Patient catering during Ramadan** The Islamic holy month of Ramadan is scheduled to begin on the evening of Tuesday 17 February, running through to 18/19 March (depending on the sighting of the moon). If patients who are not medically exempt wish to follow fasting during Ramadan, ward areas should contact their local kitchens or catering managers so they can arrange with the ward to put meals/food options in place for through the night.

**Pathway journey highlights benefit of shared decision making** Our Mental Health and Learning Disability team are celebrating the importance of shared decision-making in the run up to their Pathway to Excellence survey this Spring. You can read the full update on how shared decision making has evolved on Davan Ward, RCH, [by following this intranet link.](#) Registered mental health nurses are reminded to look out for the Pathway to Excellence survey coming up in March. Find out more about Pathway to Excellence by emailing [gram.ideasforimprovement@nhs.scot](mailto:gram.ideasforimprovement@nhs.scot)

**D's 4 Dragons and More: Lunchtime Conversation with Anita Govan** Join us for a special Book Blether session with Anita Govan, an acclaimed neurodivergent spoken-word poet, producer, and teaching artist. Anita will share her journey through art and life, including how her later-life neurodivergent diagnoses have shaped her creative practice. The session will feature her poetry, storytelling and an opportunity for questions.

This event will take place on Teams on Thursday 5 March, between 1-2pm. To register and receive the link, please email [cornhill.library@nhs.scot](mailto:cornhill.library@nhs.scot). This event is delivered by NHS Grampian Libraries and the Staff Equalities Network, in partnership with Scottish Book Trust and NHS Grampian Charity.

### **That was the week that was**

Monday 9 – planned care update, new drug alerts, staff cervical screening clinics

Tuesday 10 – new edition of Ask Laura, all about appraisals

Wednesday 11 – CET meeting report, Digital Bytes – your quick IT fix

Thursday 12 – unscheduled care update, staff 'flu vaccination survey, AHP journal club

All briefs are stored online, [just click this link](#) or visit Working with Us>HR Portal>NHSG Staff Daily Briefs on the NHS Grampian website.

**STAR Award** Congratulations to Elaine McPherson, bowel screening team secretary, on her recent STAR Award presentation. Elaine has been a key part of the team for many years, consistently delivering the work of a full-time role while working part-time. Her outstanding organisational skills and her willingness to go above and beyond, such as creating teaching notes and a nurses' manual, have been invaluable to the team. Bravo, Elaine! Do you know a team, or individual, STAR? Making a nomination couldn't be easier; [all you need to do is complete the short form available via this link](#).

**Tune of the day** Sarah Henry, an occupational therapist based in Ellon, finishes up today ahead of her wedding in Ireland next week. Her colleagues in the Aberdeenshire community rehab occupational therapy team want to wish Sarah and her intended all the very best and have requested The McGuire Sisters version of [Going To The Chapel Of Love](#)

As tomorrow is St Valentine's Day, please enjoy an extra tune in the shape of Wolfman featuring Pete Doherty and [For Lovers](#). From the bottom of my (blackened and charred) heart, have a wonderful weekend, whatever it holds (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)