

Daily Brief...



Wednesday 13 August 2025

NMAHP Celebrating Excellence Event The 25th Celebrating Excellence Event will take place on Thursday 6 November at Elgin City Football Club. The event brings together nurses, midwives, AHPs and HCSWs to share good practice. To register for this event, please [follow this link](#), or scan the QR code. If you would like to share and celebrate your work at this event via a presentation or poster, please follow the guidance in the registration link. We would also like to hear from you if you are interested in speaking or presenting your poster at a future event. These small local events are a great opportunity for both experienced presenters and those staff new to poster presentations and public speaking. We will work with you to help you prepare. This event has been kindly supported by NHS Grampian Charity.



Free mixed recycling pedal bins Another batch of green-lidded mixed recycling pedal bins is now available for wards and departments to order at no cost. These bins have been funded through income generated from our scrap metal recycling efforts, and a total of 100 bins are available. To request a bin, please email neil.duncan3@nhs.scot Thank you for supporting our sustainability efforts!

Shared Learning Events The August Shared Learning Event will take place virtually on Wednesday 20 August from 12noon to 1pm via Teams. Liz Howarth - Engagement and Inclusion Manager and Sneh Banik - NHSG Diversity Champion will present on Unconscious Bias and Active Bystander.

Everyone across our system is welcome to attend Shared Learning Events which provide a monthly forum to share knowledge and learning. Typical topics for discussion include clinical and adverse events, complaints, Ombudsman cases and quality improvement projects and audits. Access to past recordings can be found on the [Quality Improvement and Assurance Team website](#) If you would like to join the group, attend this session or discuss presenting at future events, please contact gram.qiat@nhs.scot

Please save scrubs for clinical theatre use We understand the challenges staff are facing due to high temperatures in various departments and appreciate the impact this is having on comfort and wellbeing. However, theatre scrub suits are a vital resource for maintaining sterile environments in surgical settings. The current level of non-clinical usage is leading to shortages and delays with linen services, with the real risk of theatres being left without the garments they require.

Please ensure scrub suits are only used by staff working in theatre environments. If your department is experiencing heat-related issues please escalate this through appropriate channels. Thank you.

Wellbeing, Culture, and Development Wednesday

Time Management session Spaces are still available for 26 August (2pm to 3.30pm) and 29 September (10.30am to 12noon) Time Management sessions. Please [book via TURAS](#).

Management Development Programme Aspiring and current managers are welcome to apply for a place on the new and improved Management Development Programme. Applications close on 29 August. [Find out more](#) and see if this is the right course for you.

Managing Your Migraine within the Workplace The [Migraine Trust](#) invites colleagues to join an online session on Tuesday 23 September from 1pm to 2pm. Take the opportunity to ask the panel of professionals about employment and migraine. The diverse group of people with different experiences of migraine and expertise in the workplace will share their stories and answer your questions. [Register for free](#), or to access further support around migraine visit the [We Care Website](#).

For more information or to raise any queries, please contact the team via gram.wcd@nhs.scot

FREE WayWORD Festival workshop As part of the University of Aberdeen's WayWORD festival, a free 'Creativity for your Mental Health for Healthcare Workers' event will take place on Sunday 14 September from 1pm to 4.30pm. The session is open to local healthcare staff, new doctors, and senior years medical students (Y4 and 5). Medical Humanities Practitioners Dr Leeanne Bodkin and Dr Helen Lynch will draw on their experience to offer a practical workshop which will help you discover how creative activities can help with your own mental health and wellbeing.

Sponsored in memory of Dr Jeannie MacLeod, the workshop will provide an opportunity to try out art and writing in ways that can be incorporated, whether daily or occasionally, into busy, medically-focussed lives, for enjoyment, stress-relief and self discovery. Places are free but [please book in advance](#). You will be asked to provide your NHS or student ID number.

Tune of the day Today's request is in honour of Hannah McKay of Newburn LLP who has been looking after one of the book benches put up in and around Aberdeen in aid of Clan. Hannah is a complete book worm and if she is not working she is reading. She has taken great pride in her assignment of looking after the bench. Well done, Hannah. Here's [Wuthering Heights](#) by Kate Bush (KJ).

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot