

Monday 12 October 2026

Everyone Matters pulse survey – closing this week Our first 'pulse' survey will close this Sunday (18 October). If haven't yet had your say, please do so. It only takes 2-3 minutes, and your feedback is crucial to improving the workplace experience for all of us. Our director of public health, Prof Shantini Paranjothy [has recorded this short video in support of the survey](#).

If you can't find the survey link (it was sent by Webropol) or need a paper copy, please contact gram.everyonematters@nhs.scot without delay.

Posters and displays in our workplaces It is important to maintain welcoming, tidy, and professional hospital environments by keeping posters and other displayed information current, relevant and in good condition.

Please remove outdated, unnecessary, damaged or untidy posters/displays promptly and, wherever possible, use designated notice boards rather than attaching materials directly to walls. Avoid adhesive fixing products that can leave residue or damage painted surfaces. In clinical areas, posters and displayed information should also be wipeable to support effective cleaning and infection prevention and control. Colleagues should check with their Senior Charge Nurse before putting up posters and displays.

Please review poster/displays in your area regularly and remove anything that is no longer appropriate.

Functional Conditions Pathway now accepting secondary care referrals This pathway provides supported self-management for adults experiencing functional conditions including:

- Functional neurological disorder (FND)
- Fibromyalgia
- Disorders of gut-brain interaction (DGBI), including irritable bowel syndrome (IBS)
- Chronic pelvic pain syndrome (CPPS)

The pathway aims to support patients to understand and manage their symptoms through evidence-based self-management approaches, including 1-1 appointments and educational groups. This is a two-year pilot thanks to funding awarded by NHS Grampian Charity. At this stage of the pilot, referrals are being accepted from secondary care services **only**. Access from primary care is planned as part of a phased implementation. Referral queries can be made via email to gram.functionalconditions@nhs.scot / ASCOM #52473* / via Trakcare for current inpatients. More information about eligibility, referral criteria and how to refer [can be found via this Grampian Guidance link](#).

*Due to a current fault with this number, please use email or Trakcare for referrals meantime.

The Knowledge Network: Value and Impact Survey 2026. £3.7 million is invested nationally each year in digital library resources for Scotland's health and social care workforce. Through The Knowledge Network Scotland, we benefit from this national investment, with access to journals, eBooks, databases, evidence summaries and more. PSD Scotland Knowledge Services wants to know how these resources support your work and what you value most. Your feedback will help demonstrate their impact and inform future services. [An anonymous survey, available via this link](#) is open now and takes 10-15 minutes to complete. It will close on Monday 30 November.

Pause for thought What have you been putting off; and what can you do to get you started?

As a reminder, Guided Journaling takes place weekly, with occasional breaks for annual leave; [booking is via this Turas link](#) (log-in required).

Tune of the day You don't need us to tell you that, on this day in 1979, Fleetwood Mac released their twelfth studio album, Tusk. To mark the occasion, and as our song for today, here's the superb title track [Tusk](#) performed live.

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.dailybrief@nhs.scot