

Daily Brief...



Tuesday 11 November 2025

Remembrance Day As a reminder, colleagues are supported to participate in the two-minute silence at 11am today, as wished. For those in ARI, a very short act of remembrance will take place in the chapel (Pink Zone), starting approximately 10.55am. All welcome to attend.

Winter preparedness Following approval by the board, we are sharing this year's Winter preparedness plan. We encourage you to read this and share it with your colleagues/teams you manage. The plan sits alongside the unscheduled care improvement plan; [both are available on the intranet via this link](#).

Don't let 'flu foul up the festive period We all remember the pressure 'flu put us under professionally last winter, never mind the impact it had personally. This year, a new strain has been identified, and the season has started earlier than expected. Public Health Scotland have noted the highest level of test positivity is among 5–14-year-olds. [You can read their weekly reports on respiratory illness via this link](#).

Getting your 'flu jab is a safe, simple way to protect yourself, your loved ones, your colleagues, and the people we care for. A small number of people do experience mild symptoms after vaccination, such as tenderness at the injection site, headache, muscle ache, or a slight temperature. However, this is the exception, not the rule, and can be managed with paracetamol (following the instructions) as required. This is certainly preferable to weeks of serious illness, especially as we look forward to festive gatherings.

A big thank you to the vaccination teams for their hard work and to everyone who has already got the jab. It is offered, free of charge, to all NHS staff and social care workers with direct client contact. [You can book a vaccination appointment by following this link](#); alternatively, you can walk-in to the Aberdeen City Vaccination & Wellbeing Hub, Monday-Saturday, 10am-4.30pm. In Aberdeenshire? All clinics (except Huntly) are open for staff walk-ins throughout November. Working at Foresterhill? Occupational Health are offering clinics **today** and next Tuesday (18 November). These are specifically aimed at colleagues working in facilities and estates, but drop-ins are possible **this afternoon**. If you would prefer to make an appointment at either of the OHS clinics, please contact them directly.

Civil Contingencies intranet page – now live An updated Civil Contingencies intranet page is now available. [You can view the page and its contents by following this link](#). This site is a key resource for your emergency preparedness and has all the information you need to prepare a business continuity plan. The Civil Contingencies team is available via gram.cct@nhs.scot if you need:

- Support developing or reviewing incident response plans
- Training or awareness sessions
- Incident response support

Cancelled – pancreatic cancer webinar With apologies for any inconvenience, the pancreatic cancer webinar advertised in yesterday's brief has been cancelled. The information stands, run by Clan and Pancreatic Cancer UK, will still go ahead in ARI today and next Tuesday, as advertised, and further information on pancreatic cancer [is available on the Clan website via this link](#).

Datix surgeries The next Datix surgeries will take place on Tuesday 25 November, between 2-2.30pm and 2.30-3pm. Book on to ask a question or seek advice on anything to do with Datix. Booking is via Turas (requires log-in) at this link: [Datix Surgeries | Turas | Learn \(nhs.scot\)](#)

Laboratory newsletters The latest newsletters from the laboratory team are available to read via the links below (networked devices only):

[Primary Care newsletter](#)

[Secondary Care newsletter](#)

Soup and Sandwich offer coming to a cafe near you The retail catering team will be offering a new soup and sandwich deal from Monday 17 November. The deal will be available at Cairngorm Aroma, Aroma ECC, Aroma Woodend, Pink Zone Cafe, Orange Zone Cafe, Royal Cornhill Cafe and Dr Gray's Cafe. It means half price soup with any sandwich, toastie or panini. Bon appetit!

NHS Grampian Charity Did you know the NHS Grampian Charity funds projects and activities of all sizes? Last year, grants ranged from £31 for a one-off event to £876,930 for a five-year project. If you would like to learn more about how to apply for charity funding, or you would like to discuss a project idea with the charity, please email us on gram.charities@nhs.scot or attend our virtual drop-in session every Thursday on Teams between 10am and 11am. You don't need to book, simply use [the Teams link available here on the charity intranet page](#).

P&J Live ticket offer – Scottish Masters A limited number of free tickets to the Scottish Masters football this Friday, at P&J Live are available. To snap yours up, [please follow this link](#). Due to the ticket website used by this venue, we recommend accessing the link on a personal device.

Tune of the day Edward Dickens, who has newly joined the organisation as an audio typist, makes today's request, with remembrance in mind; [Elgar's Enigma Variations, Op.36: IX. \(Nimrod\)](#) (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot