

Monday 11 May 2026

All-staff call with the Executive Team – today! The next all-staff call will take place between 10-10.30am this morning. This is your opportunity to hear the very latest on what's happening across the organisation. These sessions are recorded and a link shared in this brief for those unable to attend. [No need to book, simply use this joining link.](#)

Potential disruption during the migration of locally hosted IT systems – this week The Digital Directorate are moving locally hosted servers and systems to new network infrastructure throughout this week (11-15 May). The work has been planned to minimise disruption, however, some brief and minor interruptions to systems may occur during the migration period.

As per good practice, please ensure you save your work regularly. If any issues are experienced, please wait a few moments and try again. In the unexpected eventuality that issues persist for a longer period, please try rebooting your computer. If problems continue, please log a call with the IT service desk, [following this link to the online portal in the first instance](#) or on extension 54444 (01224 554444) if you cannot access the portal.

Cyber-attacks and cyber security As cyber incidents continue to affect organisations across the UK, including healthcare providers, it is important that we all remain vigilant and continue to play our part in keeping our systems secure and confidential information safe.

While we have robust security measures and procedures in place, cyber threats continue to evolve and good information security relies on all of us taking simple but important precautions every day.

Staff are reminded to:

- be on the lookout for phishing emails and report anything that looks suspicious
- ensure passwords meet our current security requirements
- lock devices when away from desks or work areas

The 'Do IT Securely' training module available on Turas is mandatory and should be completed annually. Our own cyber security team have put together a helpful guide, explaining the role we all play in protecting the organisation from cyber-attack. Don't know your AI from your VPN? [Follow this link to learn more](#) and play your part.

Pilot of GP walk-in centres – update A national pilot project was announced at the end of last year, trialling GP-led walk-in centres as a way of improving same-day access to care. Locally we have secured funding to test this initiative in Aberdeen City, Aberdeenshire, and Moray. The Aberdeen City centre is due to open next month at the Health Village in Frederick Street; an FAQ has been prepared for health and social care staff, to help you understand how the service will work and how it should be

used. You [can read the FAQ via this link](#); please note this is for internal use only, there will be public communication shared nearer the opening date.

Retirement teas – new process Due to a change in how retiral teas are funded, a new form for requesting them has been developed. From next Monday, if you need to book a retiral tea for a colleague/team member, taking place on or after 1 June 2026, you **must** follow the link on the Staff Thanks And Recognition [intranet page, available here](#). Retiral teas taking place on or before 31 May 2026 should be booked by completing the existing catering request form and emailing it to gram.CateringHospitality@nhs.scot. Retirement teas are funded for those colleagues with 20+ years' service.

Our sincere thanks to the NHS Grampian Charity for funding retirement teas to date, and to the Executive Team for agreeing to take on the funding of this important gesture for colleagues.

Catering requests – allergens If you are ordering catering for meetings, events, or retirement teas (see above) and you require allergy specific products, you must ensure they are kept in their packaging. These products should not come into contact with other foodstuffs, and the packaging contains important allergen information.

The Coaching Bank celebrates International Coaching Week International Coaching Week is a brilliant opportunity to recognise the power of coaching and how it can help you thrive professionally; [Laura Skaife-Knight shares her reflections on the important of coaching via this short video](#). The coaching bank offers one-to-one sessions, with accredited coaches, to help those looking to grow in their role reflect and develop. You can [find out more about the coaching bank by following this link](#) (Turas log-in required).

If you're a manager looking to support your team, the Coaching Skills for Managers course equips you with a coaching mindset so you can empower others to reach their full potential. Details of this training [are available via this Turas link](#). Coaching is most effective when you're ready to strengthen your skills and unlock new ways of thinking—so why not explore what's possible? Look out for updates on the [Managers Development Forum](#) throughout the week. Questions? Contact gram.coaching@nhs.scot

Paediatric MTC Education Session Hyperbaric medicine is the topic of the next Paediatric MTC education session, taking place this Thursday (14 May) between 12-1pm on Teams. This will be presented by Roland Armes, [you can join the session by following this link](#).

National Smile Month begins today This year marks 50 years of National Smile Month, celebrating five decades of promoting good oral health across the UK. Simple actions such as brushing twice daily with fluoride toothpaste, reducing sugar intake, and visiting the dentist regularly can make a lifelong difference to oral health. Our dedicated oral health website now includes a section on pregnancy and oral care; [you can check it out, along with the rest of the site, via this link](#). You can also see which dentists locally are accepting new patients; remember, you can register with any dentist in Grampian, it doesn't have to be the practice closest to your home.

Pause for thought Maybe, maybe not ... Where do you find yourself swithering? What do you need to make a choice?

As a reminder, these questions are drawn from the previous week's Guided Journaling session. These take place on Thursdays between 8-8.30am; [booking is via this Turas link](#) (log-in required).

Tune of the day We start with a request for Maureen Foy, school nurse in the Garioch team. She's rollin' into 40 years' NHS service and is described as the glue keeping the whole team together. They are grateful every day to work alongside such a caring and compassionate Nurse who really is worth her weight in gold! For Maureen, from all the gang, [Proud Mary](#).

Brenda McQueen has also been in touch to mark the return of her colleague Jenny Corrigan after a period of absence. Everyone in the Aberdeenshire Mental Health team is delighted to have her back, asking for [Keep On Movin'](#) by Five

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot