

Daily Brief...



Thursday 10 September 2026

Staff 'flu vaccination clinics Our staff clinics are off and running once again. All staff clinics in Aberdeenshire are now open to walk-ins; at busy times you may have a bit of wait and your patience is appreciated. In Moray, clinics remain appointment only; this is being kept under review. In Aberdeen City, there is a mix of drop-ins and booked appointments. [Follow this link for dates and times of clinics.](#)

Prevention and Management of Violence and Aggression (PMVA) Breakaway Videos Available on SharePoint The PMVA Team has created three short videos on basic breakaway techniques, [which are now available via this intranet link](#). These videos are designed to support those of you who have previously completed PMVA training and are not a replacement for face-to-face training.

You should continue to attend the PMVA training level appropriate to your role and department, as identified by your manager through the Training Needs Analysis (TNA). You should also complete the mandatory e-learning module 'Once for Scotland: Prevention and Management of Violence and Aggression' (every 3 years), and other relevant modules agreed including 'Prevention and Management of Violence and Aggression: Conflict Management' (every 2 years), and 'Prevention and Management of Violence and Aggression: Use of Force' (every 2 years) to maintain your knowledge, skills, and competence. [All these courses are bookable via this Turas link](#) (log-in required). For PMVA enquiries, please contact the team at gram.healthandsafety@nhs.scot

Coming soon: change to wipes used for routine cleaning and decontamination A change to the wipes used for the routine cleaning and decontamination of environmental surfaces and reusable non-invasive equipment is planned. Combined detergent and disinfectant wipes will replace the current detergent wipes used in many areas. The change supports a more consistent approach to decontamination, simplifies the cleaning process and supports Infection Prevention and Control by reducing environmental contamination and improving compliance with cleaning procedures.

No action is required from clinical areas at this stage. Further information, guidance, and training arrangements will be shared ahead of implementation. If you have any questions, please contact the Infection Prevention and Control Team (IPCT) via gram.infectioncontrol@nhs.scot

Executive Team update Please see below for the report from this week's Executive Team meeting:

Matters of concern or key risks to escalate	Major Actions Commissioned/ Work Underway
• Current service pressures, improvement work and external requirements are placing increasing demands on teams. Further work is underway to identify where additional support is needed (including where there are backlogs in areas such as complaints and Significant Adverse Event Reviews) and how resources can be focused on the areas that will have the greatest impact for patients and staff. • Delivery of the capital programme remains challenging due to the number and complexity of projects underway across NHS Grampian. Work is continuing to manage risks, maintain progress and make the best use of available funding. • The Programme for Government announced significant public sector reform in the NHS. While further national detail is awaited, there is a need to maintain focus on delivering our agreed organisational priorities for 2026/27 (which remain unchanged), performance improvement, and communication and engagement with staff during this period of change. Engagement with partnership and staffside was also recognised as critical.	• Further work will be undertaken to identify the highest organisational priorities for the remainder of the year and ensure improvement activity remains focused on areas of greatest benefit to patients and staff. • Planning for winter continues across hospital, community and health and social care services. Workshops and engagement activity are underway to finalise arrangements that support safe care and maintain services during periods of increased demand. • Further work is continuing to support the Frailty and Flow Programme, including engagement with affected clinical teams, review of accommodation options and identification of actions required to support implementation ahead of winter, recognising some key decisions are required this month in order to deliver to time as agreed with our Board and Scottish Government.
Positive Assurances to Provide	Decisions made
• Planned Care performance continues to improve in a number of specialties, with work underway locally and with regional partners to reduce long waits and improve access to care. • The September Sprint is now underway to support improvements to patient flow, reduce delays in urgent and unscheduled care and address operational challenges in real-time.	• Enhanced governance arrangements for oversight of Artificial Intelligence by the Digital Board were supported. This will help ensure AI is used safely, appropriately and with the right oversight across our health and care services. • A paper setting out next steps for addressing Infrastructure challenges in a planned and strategic way will come to Asset Management Group on 17 September for consideration prior to submission for finance beyond capital allocation year 26/27

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| | <ul style="list-style-type: none">• The proposed approach to targeted community engagement was supported in principle. Further consideration will be given to timing and approach to ensure it reflects wider organisational and national priorities. |
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The Power of Preparation - Cancer Prehabilitation in Grampian This online event, on Wednesday 23 September, will explore how cancer prehabilitation is helping people in Grampian prepare for treatment and achieve better outcomes. Through practical examples, patient experiences and shared learning, we'll look at how small changes in areas such as physical activity, nutrition, wellbeing and social support can make a real difference. This session, facilitated by Dr George Ramsay, will demonstrate how health, leisure and third-sector partners are working together to support people before treatment, and how the principles of prehabilitation can be applied across a range of pathways and services. To register for this event, which takes place 1-2.45pm, [simply follow this link](#).

Health inequalities and research evidence to improve practice People with learning disabilities continue to face significant health inequalities. Understanding the experiences of people with learning disabilities helps us identify opportunities to improve services and outcomes. The Scottish Learning Disability Observatory (SLDO) is the leading centre for research in Scotland. The Observatory provides evidence on health inequalities, mortality, long-term conditions and healthcare access. [Find out more via this link](#).

Weekly Anapana meditation sessions – Foresterhill You are invited to join a weekly Anapana meditation session every Thursday throughout September, October, and November. These sessions will take place 12.30-1pm (meditation starts promptly at 12.35pm) in the research and development meeting room, Foresterhill House Annexe. Anapana is a simple breathing meditation, promoting calmness, focus and wellbeing. Suitable for beginners and experienced meditators alike, the sessions offer an opportunity to pause, recharge, and connect with colleagues.

Tune of the day The happiest of birthdays to Alyssa, one of the medical receptionists at Kings Medical Practice, from all your colleagues. I hear [I'm Still Standing](#) is a favourite, so I'm delighted to play it! (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.dailybrief@nhs.scot