

Daily Brief...



Tuesday 10 March 2026

All-staff call with CET You are warmly invited to join members of the Chief Executive Team on an all-staff call next Monday (16 March) between 12-12.30pm. This is your opportunity to hear the very latest on what's happening across the organisation. You can submit questions in advance (anonymously, if preferred) by emailing gram.communications@nhs.scot These sessions are recorded and a link shared in this brief for those unable to attend. [No need to book, simply use this joining link.](#)

Middle East conflict We will all be aware of the current situation in the Middle East. You may have concerns for relatives or friends living in the region. In addition, there are a large number of people unable to return to the UK due to travel disruption. Please remember wellbeing support is available through [The National Wellbeing Hub](#) and our own Wellbeing, Culture, and Development team. Managers are encouraged apply a person-centred approach to staff affected by the travel disruption and apply the provisions in the [NHS Scotland Special Leave Policy](#) where required.

ARI pharmacy stock take This Saturday (14 March), the pharmacy dispensary at ARI will close at 1pm for an essential stocktake. Please note, the cut off for CDD submission on Saturday **will be 1pm**. Please support the team by submitting CDDs as soon as possible; any received after 1pm will not be processed until the following day.

Removal of Desk Bins In November 2024 we started the process of removing black-bag desk bins, with the aim of encouraging recycling. To take Ashgrove House as an example, removing these bins and making more recycling facilities available has seen recycling here increase by 10% - a great result.

Disposing of general waste costs us up to four times more than recycling and has a significant detrimental impact on our planet which also impacts on our health. Moving to central bin points helps foster better recycling habits. We are continuing to identify those areas with individual desk bins and making plans to remove them. Please be supportive of colleagues as they make the changes in your area. Where desk bins are removed, please do not replace with bins brought in from home – these will not be serviced by domestic staff, nor will the organisation be supplying bags for these bins.

For further information or to discuss the removal of bins from your area, email gram.scar@nhs.scot

Consultation – nursing and midwifery roster policy This policy is currently out for consultation. Further information, including the draft policy, [can be found on the intranet via this link.](#) The consultation will close on 16 April.

XI Annual Grampian Research Conference – 14-15 May 2026 Join us for an inspiring day of learning, collaboration and discovery as we work together towards 'Better Cancer Outcomes'. Last year's conference proudly received the Collaboration Award from Aberdeen Convention Bureau, and this year promises to be even more exceptional, with an outstanding line up of speakers at the forefront of research and care.

This event is in-person, and free. [Registration is via this link](#); there will be a networking event on the evening of 14 May, and further information will be sent to you in your registration email.

MCR Pathways – Grampian information session MCR Pathways deliver schools based and community-based mentoring to young people aged between 11 to 20 years old. By simply being there and offering support to a young person for an hour a week, they are more likely to stay on at school, achieve their qualifications and go onto a positive post-school destination. They are hosting information sessions this month and next, specifically for NHS Grampian staff. They look for mentors from all walks of life; training and support is provided, so if you are kind and caring; you qualify! No prior experience or experience necessary. [Follow this intranet link](#) for more information and the joining links.

Wheel into Spring! With the weather improving your thoughts might be moving to getting out on a bicycle. We just wanted to remind you of the Cycle to Work scheme where you can obtain a new bicycle directly from your salary before tax, saving a considerable sum of money. Interested? You can find out [more via this intranet link](#). Alternatively, we are now partnering with local charity, Stella's Voice, so you can pick up a quality reconditioned bicycle with a 10% discount on display of an ID badge or payslip. You can also donate unwanted bicycles to the charity, and they will give them a second life. There's more [information on this via this intranet link](#).

Want to cycle but not sure of your abilities? Until end of March there is free bicycle training available to staff. Even if you cannot currently ride a bicycle there is a course suitable for you. This is Aberdeen City only, but we are hoping funding will be available for more widespread training opportunities in the new financial year. For queries about any of the above please email gram.activetravel@nhs.scot

NHS Grampian Charity Did you know NHS Grampian Charity has around 230 dedicated charitable funds for hospitals, wards, and departments across Grampian? This means any money donated to your area stays in your area. It doesn't go into one central pot, and it doesn't get spent elsewhere. Want to know more about the funds for your area? [You can see the full list of all our charitable funds via this link](#), under 'Important Documents'.

Tune of the day It's a hip-hop-happy birthday to Neneh Cherry, born on this day in 1964. Don't you get fresh with me, keep hanging in a [Buffalo Stance](#) (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot