

Friday 10 April 2026

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**NHS Grampian charity – update on staff funding SLWG** In 2025 the charity set up a short life working group (SLWG) to understand the current wellbeing and development priorities and needs of staff, and to consider what support in this area the charity might best provide in future, in line with its charitable purpose and legal obligations. We want to say a huge thank you to the staff from across the organisation who were involved in the group, and to all those who kindly took the time to share their thoughts, ideas, and take part in discussions to help shape future plans.

Trustees have used the feedback from this SLWG and have approved further work should be undertaken on a number of schemes which will help staff to access funds in a range of ways to support their health and wellbeing, including: potential enhancements to hospital environments, such as improvements to staff rest areas and greenspaces; the continuation of support for learning and development opportunities; and the development of a new micro-grants programme which will support staff teams to access activities they choose to enhance their health and wellbeing.

These changes are being made following new legal guidance given to Scottish NHS-linked charities. Work continues to take place to develop these initiatives, and other exciting projects, which will replace some of the activities previously supported by the charity which it can no longer legally support. Further details will be shared as soon as they are available via the Daily Brief and on the charity's intranet page.

Over the last three years, the charity is proud to have awarded more than £2.5 million to support more than 800 staff wellbeing and development projects and activities, and we are excited to continue to support exciting initiatives in the future which enhance the health and wellbeing of NHS colleagues and, ultimately, benefit patients across Grampian.

**Register your interest in new green car salary sacrifice scheme** We are in the final stages of launching a new green car salary sacrifice scheme with our partner Zenith. Before you can access Zenith's online portal when it goes live later this month, it is essential you complete an online form that gives permission to pass your details to Zenith. This will then allow you to access the portal from the first day the scheme goes live. [Please follow this link to an online form](#) (accessible on networked devices). Please share this update and support any colleagues you work alongside who wish to access the scheme but may not routinely be able to access work emails or the intranet or have a networked device. Staff may give permission to their line manager to complete the online form on their behalf. The launch and 'portal live' date will be published next week via the Daily Brief.

**Dr Bike – free session at Woodend** Does your bike need a health check after winter? Dr Bike will be at Woodend (outside neuro rehab unit) on Monday 20 April offering free bicycle checks for NHS staff. Slots are available between 10am-3.30pm, email [tim@tyredncranky.org](mailto:tim@tyredncranky.org) to book yours!

**Nursery open mornings** The nurseries team would like to warmly welcome new and prospective parents to join us for our upcoming open mornings. This is an opportunity to have an informal look around our nursery settings and outdoor spaces, with staff on hand to answer questions. The nurseries at Woodend and Little Acorns (Royal Cornhill) are open to the children of NHS Grampian employees only. The open mornings will take place as follows:

- Woodend Nursery, Saturday 18 April, 10am-12pm
- Little Acorns Day Nursery, Saturday 25 April, 9.30-11.30am

Questions? Get in touch with nursery administrator, Laura Yeoman, at [laura.yeoman@nhs.scot](mailto:laura.yeoman@nhs.scot).

**Call for staff health & wellbeing champions across Health & Social Care Moray** If you're passionate about supporting colleagues, sharing wellbeing ideas, and helping create a positive team culture, we'd love to hear from you. No experience needed, just enthusiasm and a willingness to make a difference. Register your interest by contacting [lindsay.black4@nhs.scot](mailto:lindsay.black4@nhs.scot)

### **That was the week that was**

Monday 6 – public holiday, no brief issued.

Tuesday 7 – launch of 2026/27 organisational priorities, intranet migration and switch off of old site

Wednesday 8 – Chief Executive Team weekly report, Greenways project – launching next week

Thursday 9 – invite to all-staff briefing on 13 April, update on Band 5 nursing review

All briefs are stored online, [just click this link](#) or visit Working with Us>HR Portal>NHSG Staff Daily Briefs on the NHS Grampian website.

**STAR Award** Congratulations to the Rheumatology Team on their recent STAR Award presentation. Their commitment to early diagnosis, clear communication and seamless team working has reduced delays, improved patient understanding and ensured individuals leave with a confirmed diagnosis and a complete package of care on their first visit. Their dedication, collaboration and compassionate approach have made a meaningful and lasting difference to patient wellbeing.

If you know a team, or individual, STAR, making a nomination couldn't be easier; [all you need to do is complete the short form available via this link](#).

**Tune of the day** Ann Stewart (resilience and health and safety officer in Aberdeenshire HSCP) turned 21 (with 39 years' experience) earlier this week. She's been in touch to thank everyone for the cards and messages she received and has requested the very apt [Young At Heart](#) by The Bluebells.

A second request from Angela Nicol, part of the secretarial team in City adult mental health at Royal Cornhill. They've recently moved offices and no longer share a corridor with the psychologists. Angela knows they'll be missing them, not least the trips out of their offices to tell them 'noise doon, min'. With her tongue somewhat in her cheek, Angela has asked for [Goodbye My Lover](#)

It's almost the weekend. Praise be. As ever, thank you for everything (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)