

# Daily Brief...



Friday 1 May 2026

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**RCN Scotland awards** RCN Scotland held their Nurse Of The Year awards last night and it is safe to say it was a very good night for Grampian! Caroline Reid was Highly Commended in the Clinical Leadership category as was Patricia Dow in the Adult Nursing category. Vicky Burnett was named runner up in Learning in Practice, while Laura Reid was the overall winner in the same category. To be a finalist is a huge achievement in itself; to have done so well in the finals really is the icing on the cake. Well done to Caroline, Patricia, Vicky, and Laura; we are so proud of you all!

**Introduction to sexual health course** Grampian Sexual and Reproductive Health Service are holding their twice-yearly Introduction to Sexual Health course next Friday (8 May). It's an online training session, running from 8.45am-12.30pm. The event is aimed at health care professionals working in both primary and secondary care settings, and would interest general practitioners, practice nurses, advance nurse practitioners, midwives, paramedics, pharmacists, physician associates and trainees.

The content includes contraceptive counselling, introduction to contraceptive methods, emergency contraception, sexual health assessment, young person's assessment and abortion care. The course costs £15; information on booking and payment [is available on Turas via this link](#) (log-in required). For general enquiries, please contact [gram.srhtraining@nhs.scot](mailto:gram.srhtraining@nhs.scot)

**Digital Bytes - Your Quick IT Fix** The Digital Support Centre Training Team produce Digital Bytes – a growing series of bite-sized, 60-second videos designed to make your digital life easier. Each video delivers practical tips and tricks you'll wish you'd known sooner. We advertise new videos via this brief, while the full collection is [available to view by following this intranet link](#). Our latest Digital Byte focuses on Windows shortcut keys; previous videos cover HEPMA Fallback Terminal, Imprivata Tap & Go Care Reader, Outlook: Immersive Reader, Word: Dictation, Windows: Voice Access and Windows: Magnifier.

Got ideas? [We welcome your feedback and topic suggestions via this form](#). You can learn more about the Digital Support Centre and access the full range of training resources at [GRAM – Digital Support Centre](#) – Helping support your digital journey.

**Research & Development update** We have been recognised as having the 'fastest green light process from initial contact to being open' by the DIDACT trials led by the University of York. Congratulations to orthopaedics consultant and principal investigator Dr Scott Barker, research nurses Claire Stewart, Amanda Gould, Amy Nicol, and the wider clinical team! More information on DIDACT is available by [following this link](#).

**'It comes tae us a'** Next week we will mark Demystifying Death Week (4–10 May). It's all about helping us feel more comfortable talking about death, dying, and planning ahead. It's also about making sure people know what support is available, for themselves and for those they care about.

Next week there will be a series of free online sessions with a range of contributors. These are open to all and will run in the afternoon and in the evening, for your convenience. You can see the topics and [save the joining information via this link](#).

If you need a safe space to talk, [The Listening Service is available via this link](#). The digital factsheet [available via this link](#) and our own spiritual care team are also important sources of advice and support. You can contact the chaplains via [gram.spiritualcare@nhs.scot](mailto:gram.spiritualcare@nhs.scot)

**Reminder - tennis court closure** The tennis courts to the rear of Ashgrove House at Foresterhill will be closed from 8am Monday 4 May - 8am Monday 11 May to allow for ground survey work. We apologise for any inconvenience.

### **That was the week that was**

Monday 27 – protected learning time update, XI annual Grampian research conference

Tuesday 28 – rehabilitation after stroke training, regulatory change to clinical trial activity

Wednesday 29 – appointment of Director of People & Culture, World Cup public holiday update

Thursday 30 – Microsoft 365 add-in product licenses, deaf awareness week 2026

All briefs are stored online, [just click this link](#) or visit Working with Us>HR Portal>NHSG Staff Daily Briefs on the NHS Grampian website.

**STAR Award** This week we send all the flowers to the team on ward 114 at ARI, following their recent STAR Award presentation. They were honoured for their exceptional care, compassion, and professionalism shown to a patient and family during an incredibly difficult time. Their kindness, dignity, and thoughtful support throughout the journey brought comfort and reassurance when it mattered most, making a lasting difference to both the patient and their loved ones. If you know a team, or individual, STAR, making a nomination couldn't be easier; [all you need to do is complete the short form available via this link](#).

**Tune of the day** Our first request goes out to Gail Skinner at Portlethen Medical Centre, from her colleague Lauren; [Take That and Shine](#) to remind Gail of how much she shines.

Also shining this week are the gang at RACH. They hosted a three-day assessment visit as part of their bid for MAGNET accreditation, showcasing some truly amazing work. It's impossible to name everyone involved, but they all played their part to perfection. [Nothing's Gonna Stop Us Now](#) (on a personal note, watch Mannequin – the film this comes from – and thank me later)

Finally, for our RCN Scotland finalists, here's Hot Chocolate and [Every 1's A Winner](#)

Enjoy the long weekend. If you're keeping the show on the road, thank you. (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)