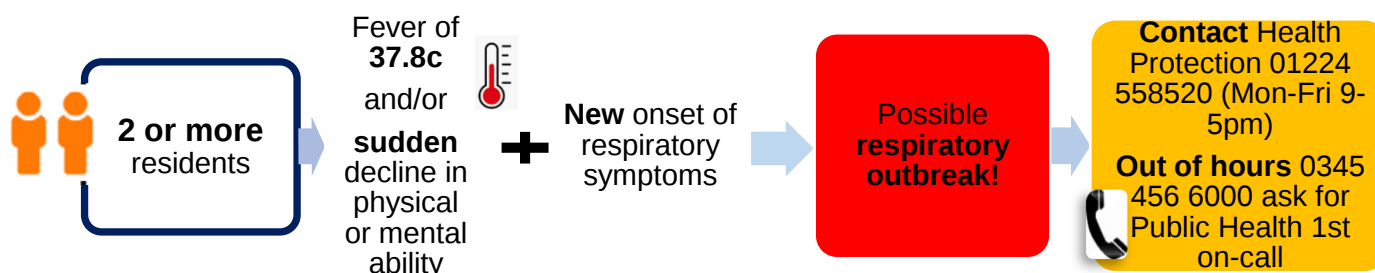


QUICK REFERENCE GUIDE: RESPIRATORY ILLNESS



- Isolate symptomatic resident(s) immediately and close their door (if safe to do so)
- Notify HPT if two or more symptomatic residents or any concerns.
- **Test** symptomatic residents using a PCR swab and request a full respiratory screen (HPT will provide request form via email).
- Staff should **not** test unless clinically advised and should follow [NHS inform advice](#).
- PCR swabs for Shire and Moray care homes can be accessed via your local hospital and then dropped off at the GP practice.
- City care homes can access PCR swabs from Foresterhill Health Centre from 9-5pm and the Health Village out of hours and then dropped off at the GP practice.
- If difficulty in sourcing PCR swabs, escalate to your local care home assurance nurse within the partnership.
- Check that **all** details are completed on the sample container **and** request form.
- Leave the swab inside the container, in the fluid.
- If the resident is found to have a respiratory illness such as Covid-19 or Influenza A, B to isolate for 5 days (day 0, symptom onset) or day 0 from the day the test was taken if no symptoms.
- Residents who are symptomatic of other respiratory illness such as Enterovirus, RSV, Adenovirus, to contact HPT for isolation advice.
- If negative for respiratory illness but remains symptomatic, isolate until well and fever free for 48 hours.
- If symptomatic resident declines a PCR isolate and contact HPT for further advice.
- Use the appropriate PPE as outlined in [Appendix 15](#) of the NIPCM
- Do not hesitate to get a clinical review if there are any concerns about the resident's condition.
- When in an outbreak, please remember to email the daily template sheet to the HPT on gram.healthprotection@nhs.scot
- Further info and guidance follow:
 - [NIPCM Respiratory IPC resource](#)
 - [Guidance for acute respiratory infections \(ARI\)](#)