

Wednesday 28 June 2023

Industrial action – FAQ As promised yesterday, we are sharing an FAQ document prepared ahead of industrial action by junior doctors. This is attached to the email used to send out this brief. Today's date is included in the title; if the FAQ is updated, the title will be changed to reflect that. Please share this widely with colleagues, as required.

iMatter – message from the Chief Executive *"A personal thank you to everyone who completed the iMatter questionnaire for sharing your views on working within our system. An amazing 62% of colleagues responded. The Chief Executive Team have a date in the diary for our team discussion, I hope you do too. Discussing your report and experiences as a team and agreeing actions relevant to you is how we take this feedback and turn it into action to positively impacts our day-to-day experiences. As the Chief Executive Team and Wider System Leadership we also have a responsibility to use your feedback to identify actions we can take forward system wide. This will be happening in September. This timing allows us to include feedback received through management structures following your team discussions, as well as the survey data. We will also work to share with you what the report tells us not just for this year but looking back and comparing to our past experiences."* Caroline Hiscox, Chief Executive.

All colleagues (with email addresses on the system) and managers have now received their team reports. Teams have until 21 August midday to discuss and agree three areas they want to work to improve and one area that they feel is working well. There is support available for managers and teams please look to the Manager Brief emailed directly to all managers, and the [TURAS pages](#). You can also contact our Staff Experience Team at gram.imatter@nhs.scot.

Car parking, Foresterhill Health Campus Following recent media coverage, we thought it would be helpful to provide an update on car parking at Foresterhill. As many of you will be aware, the multi-storey car park on the site opened in 2018, paid for in full by The Wood Foundation, and for the exclusive use of patients and visitors. Not only was this part of the terms of accepting the donation, it was also part of the conditions for planning consent from Aberdeen City Council.

We negotiated temporary staff use of the upper floors during the pandemic, and this has been extended through the recovery period. This recognised that, amongst the many pressures we were facing, uncertainty about where to park should not be one of them. This is kept under review to ensure patients and visitors are not negatively affected.

The multi-storey car park is one part of the overall parking provision at Foresterhill, a site which is undergoing significant development at present. A report - considering all possible future options for parking on the site - will be considered at GAPF next month. At present, we want to confirm there have been no changes to the current arrangements; staff may use the multi-storey car park from Level 6 and above, ensuring the lower floors are kept free for patients and visitors. As part of our commitment to sustainability we would encourage everyone - whichever site they are based at, or coming to - to consider green transport options, from walking, cycling, car-sharing, or public transport.

Reminder - Scottish Fire & Rescue Service response From this Saturday - 1 July - the Scottish Fire and Rescue Service (SFRS) will stop attending automatic fire alarm (AFA) call outs to premises unless a fire has been confirmed to reduce attendance at unwanted fire alarm signals. **Responsible persons within premises should safely investigate a fire alarm before calling 999** as the SFRS control room operators will now be asking for confirmation of an actual fire, or signs of fire, before sending out appliances. Signs of fire include visual flame or smoke, smell of smoke, smell of burning, or any other fire alarm activation - other than a single smoke detector.

The changes do not apply to sleeping premises, such as inpatient hospital buildings and care homes who will continue to get an emergency response. However, primary care buildings and office buildings will see a change in response. Please speak to your local Deputy Nominated Fire Officer for more information.

We Care Wellbeing Wednesday

- **Men's Health - National Wellbeing Hub** This month's focus for the National Wellbeing Hub is men's health. While most health problems can be experienced by people of any gender, they aren't always experienced in the same way, and some issues are unique to men. Follow this link to access the [National Wellbeing Hub](#) website, where you can access a wide range of resources which include men's health, mental health, health at work, and lived experiences.
- **Upcoming Sessions** Check out the new dates for upcoming #SpacesForListening sessions. These sessions are bookable through emailing directly – [click here](#) to view the details on our noticeboard. We also have some new sessions uploaded to TURAS this week:
[Menopause Awareness in the Workplace](#) - 6 September (1.45-4pm); 12 October (9.45am-12noon); 17 October (9.45am-12noon)
[Wellbeing in the Workplace for Managers](#) - 9 October (1.45-4pm)
[Psychological Safety](#) - 11 September (1.45-4pm); 2 November (9.45am-12noon); 28 November (9.45am-12noon)
- **Find us online to find out more** Have you had a look at our [We Care Website](#)? Along with our colleagues in Corporate Comms, we have finished our new simplified, and easier to use website – which we will use to share a range of information and resources, as well as highlight what support is available. Also, follow us on social media – find us on Twitter: [@GrampianWeCare](#); Facebook: [@GrampianWeCare](#) and Instagram: [@grampianwecare](#), where you can be kept up-to-date with future training sessions, and what's going on.

Tune of the day Huge thanks to established friend of this feature, Emily Christie, for today's request. Lin-Manuel Miranda and Ben Platt duet on [Found/Tonight](#), a mash up of tunes from Hamilton and Dear Evan Hansen (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot