



Industrial action Now we know; junior doctor members of BMA Scotland will take strike action for 72 hours, starting at 7am on Wednesday 12 July. Planning for this possibility has been underway for some time and we know teams across health & social care will be working hard in the coming days to finalise these plans. We will be asking people with appointments/procedures booked on the strike days to bear with us and wait for contact from their service. Postponed appointments and procedures are highly likely, and we face some difficult conversations with those affected. We will be asking for their understanding; we are also asking for understanding from each other. The decision to take industrial action is not an easy one; people on strike will lose pay, they are very aware of the disruption to clinical care, and they may also be dealing with their own feelings regarding those who are not on strike. Those not taking action may feel upset or angry at the upheaval. Whatever your situation, whatever you are feeling, we must continue to be civil to one another. There is a growing body of evidence of the risks posed by incivility to team culture, our individual wellbeing, and to the standard of care we provide to patients; the infographic below comes from the <u>Civility Saves Lives campaign</u>. In the coming days and weeks, please remember to treat others as you would wish to be treated.



Grampian

eESS – Latest Newsletter <u>The latest issue of the eESS newsletter is now available</u> (intranet link, networked devices only). We would ask everyone with eESS responsibilities to read it carefully and note the different processes for AfC and Medical grade staff which are detailed in the newsletter.

Stakeholder engagement on Long COVID research priorities A cross-Scotland group of healthcare professionals, patient representatives, and researchers are seeking the views of health & care professionals, people with Long COVID, and their carers on what research questions about Long COVID they would like answered. If you would like to contribute, click here to complete the survey.

Staff Equalities Network - neurodiversity in the workplace Network members are excited to invite everyone to their next meeting, taking place on Wednesday 21 June, 2-3pm, on Teams. The guest speaker will be Janine Langler, in her capacity as Vice Chair - Unison Grampian Health Branch & Disabled Members Officer. Janine will be discussing some of the key learning points around neurodiversity and highlighting some of the things we can do as individuals, in our teams, and as a workforce to best support and become allies to our neurodiverse colleagues.

The Staff Equalities Network would like to provide a safe space for colleagues around this topic, and for this reason, the meeting will not be recorded or be available to share on this occasion. However, if you would like to join the session on the day, or find out more about the Staff Equalities Network, please email <u>gram.staffequalities@nhs.scot</u> - everyone is welcome! You can also find out more about the Staff Equalities Retwork here: <u>Staff Equalities Network (nhsgrampian.org)</u>

Palliative Care Education Events - new dates added We are delighted to announce additional dates are now available for the Foundations of Palliative Care course (aimed at healthcare support workers and carers) and the Principles of Palliative Care course (aimed at nurses, midwives, and AHPs). More information available here (intranet link, networked devices only)

Digital technology at work – Scotland survey A Scotland-wide survey is taking place across health & social care to understand the use of digital technology at work. It's called a Digital Maturity Assessment and it will help understand both the strengths, and the improvement opportunities, locally and nationally. It is anonymous, takes just a few minutes to complete, and is open to all staff groups. We'd encourage as many of you as possible to complete the survey, available here.

We Care Wellbeing Wednesday

We Care newsletter- summer edition We're pleased to share the summer edition of the We Care newsletter. This issue features information on the Year of the Manager, our upcoming training sessions, webinars and events, and an overview of our Pulse Survey #4. You can access our newsletter online here, or find it attached to the email used to send out this brief. If you would like to subscribe to future editions, just email us at gram.wecare@nhs.scot.

Tune of the day Christine Munro is bidding a fond farewell to colleagues, as she retires after almost 27 years with the NHS. Christine has worked in a range of locations, most recently on Ward 4 at DGH. She's asked for <u>So Long, Farewell</u> from The Sound of Music, dedicated to everyone she has worked with over the years. I hear Christine has recently become a great grandmother, so I doubt it will be a quiet retirement! (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via <u>gram.communications@nhs.scot</u>