

Here is the brief for Thursday 6 May 2021.

**Moray update** An Incident Management Team (IMT) has been established to monitor and manage rising case numbers in Moray. The region now has 81.4 cases per 100,000 – East Dunbartonshire has the second highest rate in Scotland with 41.4. By comparison, neighbouring Aberdeenshire and Highland are at 11. Since April 10 there have been 210 cases in Moray. More than half of those have come in the last eight days alone. Test positivity is at 3.2% - across Scotland that figure is close to just 1% - and the R-rate in Moray is at 1.8, so every person in Moray that becomes infected is, on average, passing it on to two other people (Please note these figures were accurate as of the IMT meeting this morning. The latest information is published by Public Health Scotland, via the link shared daily in this brief)

Analytics suggest many people in the region have returned to their workplaces, rather than working at home. It remains NHS Grampian policy that all staff who can work at home should continue to do so.

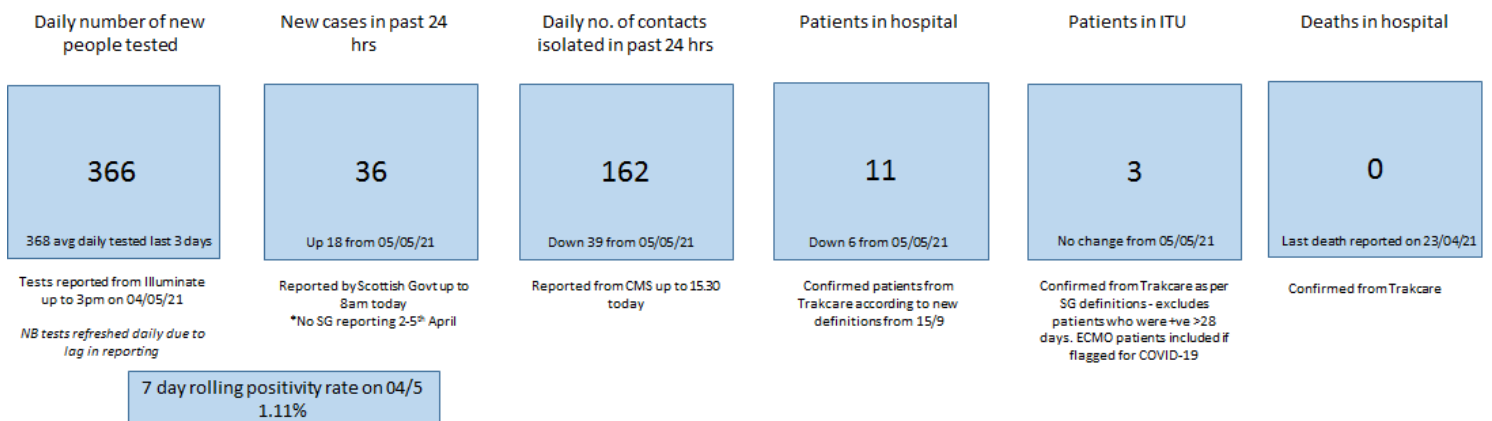
Extra testing is being put in place with a mobile testing unit (MTU) due to begin operation at Elgin Academy from Friday morning – parents had previously been advised it would arrive next week, but with a rapidly rising number of cases the IMT made a decision to expedite this process. The MTU will provide PCR testing for staff and pupils on school days and be open to the public during the weekend.

MTUs will also be visiting towns and villages around the region in the coming days. Details on dates and times will be published shortly online and across social media.

We are continuing to ask the general public in Moray with any symptoms of illness, not just those of COVID-19 – including headaches, diarrhoea, sore throat, runny nose - to isolate and book a test immediately. People without symptoms are continuing to be asked to take up asymptomatic testing.

It remains the case that anyone working in health & social care in Moray (and indeed, in Aberdeen City and Aberdeenshire) should continue to access the Staff Testing programme by clicking [this link](#), should they develop symptoms.

**Grampian data** The local figures for today and the 7-day rolling positivity rate are shown below. As a reminder, this rate is arrived at by dividing the number of positive tests in the past 7 days by the number of tests carried out in the past 7 days. Repeat tests are included in both categories, whereas the figures we show here only record new tests.



If you are interested in seeing what is happening in your area, this information is published daily by Public Health Scotland. All you need to do is click [here](#) and select the appropriate local authority area.

## **Trauma is everyone's business - introducing the National Trauma Training Programme for Scotland** MS Teams Live event on Friday 14 May 2021, 10-11.30am

To register your interest in attending the webinar, please register via

[Intro to NTTP 3 - Fri May 14th 2021 Trauma is Everybody's Business](#)

Trauma is more common than previously thought, it impacts on the most vulnerable and there has been an additional impact due to COVID-19:

- Increased Domestic abuse
- Financial impact
- Exacerbated historic experience of trauma
- New experiences of trauma as a direct result of pandemic impacting on lives
- Impact on human relationships
- Impact on staff responding to the pandemic

We don't need to be experts, but it is essential we are informed so we can be responsive and there are lots of fantastic NES learning opportunities covering the key driving principles that include:

- Voice of lived experience
- Welfare of staff workforce
- Training and implementation to practice change
- Leadership

**Wellbeing/mental health initiatives – spreading good practise** A national mailbox has been set up to gather feedback on local wellbeing and mental health initiatives which could benefit colleagues working across health & social care in Scotland. All submissions will be reviewed and the feedback used to inform the development of future national initiatives to support the wellbeing and mental health of the workforce across Scotland. The email address you need is [HSCWorkforceRecovery@gov.scot](mailto:HSCWorkforceRecovery@gov.scot)

**Tune of the day** A big thank you to Emily Christie (Speech & Language Therapist, Tillydrone clinic) for her suggestion for today – [Not Perfect by Tim Minchin](#). Emily says: "I think over the last year we've been bombarded with negative news about the pandemic and the effects of it on the world, our neighbours, and individually. This song from Tim Minchin (I LOVE him!!!) reminds us that things are 'not perfect but it's mine' and we should appreciate that. I know myself that I've needed reminding of that more than once over the last year."

**Questions to ask? Information to share?** If you have particular questions – or are aware of questions coming from friends and family – please share them with us. We may not be able to answer every question and it may take us time to get a proper answer, but we will endeavour to respond and share the answers. You can get in touch with us via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot). Please also use that email address if you have items for consideration for future briefs.