

# COVID-19 Brief

coronavirus



Here is the brief for Monday 29 March 2021.

**Grampian data** The local figures for today (and over the weekend) and the 7 day rolling positivity rate are shown below. As a reminder, this rate is arrived at by dividing the number of positive tests in the past 7 days by the number of tests carried out in the past 7 days. Repeat tests are included in both categories, whereas the figures we show here only record new tests. If you want to see more detailed information, including cases at neighbourhood level, click [here](#) for the Public Health Scotland daily dashboard.

	Daily number of new people tested	New cases in past 24 hrs	Daily no. of contacts isolated in past 24 hrs	Patients in hospital	Patients in ITU	Deaths in hospital
Sat 27/03	511	45	220	11	1	1
Sun 28/03	456	15	243	9	0	0
Mon 29/03	370	29	135	8	0	0

  

446 avg daily tested last 3 days	Up 14 from 28/03/21	Down 108 from 28/03/21	Down 1 from 28/03/21	No change from 28/03/21	Last recorded death 27/03
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Tests reported from Illuminate up to 3pm on 27/03/21 <i>NB tests refreshed daily due to lag in reporting</i>	Reported by Scottish Govt up to 8am today	Reported from CMS up to 15:30 today	Confirmed patients from Trakcare according to new definitions from 15/9	Confirmed from Trakcare as per SG definitions - excludes patients who were +ve >28 days. ECMO patients included if flagged for COVID-19	Confirmed from Trakcare
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7 day rolling positivity rate on 27/3 1.87%
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**NMAHP new graduate welcome morning** This event will take place on Wednesday 21 April, between 8.30am and 1pm. If you are a new graduate nurse, midwife, or allied health professional working in Grampian we would love to see you there! The event takes place via MS Teams and you can book your place on Turas by searching for 'NMAHP Welcome'.

**PPE donning and doffing training** This training is available every Tuesday at 11am, via Teams. You can book your space by emailing [gram.ipc-donn-doff-training@nhs.scot](mailto:gram.ipc-donn-doff-training@nhs.scot)

**Research opportunity - nurses' engagement in antimicrobial stewardship (AMS) activities** An international group of researchers are undertaking some work to explore the factors that influence nurses' engagement in antimicrobial stewardship (AMS) activities (i.e. activities which promote the responsible use of antimicrobials and so prevents antimicrobial resistance). The research involves an on-line questionnaire survey which will take about 15 minutes to complete. More information is available [here](#) (intranet link, networked devices only).

**Thought for the day - dreams of a better world** If you have been tracking the numbers we share in each brief, you can see things seem to be going in the right direction. I am sure for all of us in health & social care we are grateful not only for this, but also the huge efforts we – and the broader public – have made to get to this point. While we have all adapted over the last year, these adaptations have been the product of significant pressure. That is why we have systems, and why we plan and train. This allows to react consistently when we don't have time to think, only time to 'do'.

As the immediate pressure and focus on COVID is beginning to ease, we 'unspool' a bit. We reflect on our experience, pick up the pieces of work undone, change focus, think about our 'real job' and become aware of the other demands and desires (school, holidays, hobbies, caring for family members, reconnecting with family and friends, understanding new rules and limits). At this point one of the most valuable things we can do is stop. Pause. Let the pace reduce a bit and consider what has become automatic, and whether those habits serve us well both now, and in the future. As we try and untangle all of the 'what was and what's next' reflection is key. But also (when possible) not acting precipitously and not running onto the next thing. Practically this means we can ask ourselves what we want to keep from the last year, but also ask what we can - and need to - stop. What can we set aside, what can we leave in the 'before' time?

**Daily brief survey – we want to hear from you!** Thank you to everyone who has already taken the time to complete this survey. To take part, just click [here](#) – it should take you between 5-10 minutes, depending on how much you want to say! The survey will be open until the end of the week, please let colleagues know it is here – the more views, the better.

**Questions to ask? Information to share?** If you have particular questions – or are aware of questions coming from friends and family – please share them with us. We may not be able to answer every question and it may take us time to get a proper answer, but we will endeavour to respond and share the answers. You can get in touch with us via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot). Please also use that email address if you have items for consideration for future briefs.