

Here is the brief for Tuesday 29 June 2021.

**PPE – what to use and when** Standard Infection Control Precautions (SICPs)... are to be used by all staff, in all care settings, at all times, for all patients (persons) whether infection is known to be present or not to ensure the safety of those being cared for, staff and visitors in the care environment.

[National Infection Prevention and Control Manual: Chapter 1 - Standard Infection Control Precautions \(SICPs\) \(scot.nhs.uk\)](https://www.scot.nhs.uk/nipcm/chapter-1-standard-infection-control-precautions-sicps/)

Staff require to follow the NIPCM addendum for their clinical area. In the Acute sectors, eye and face protection must be worn as follows:

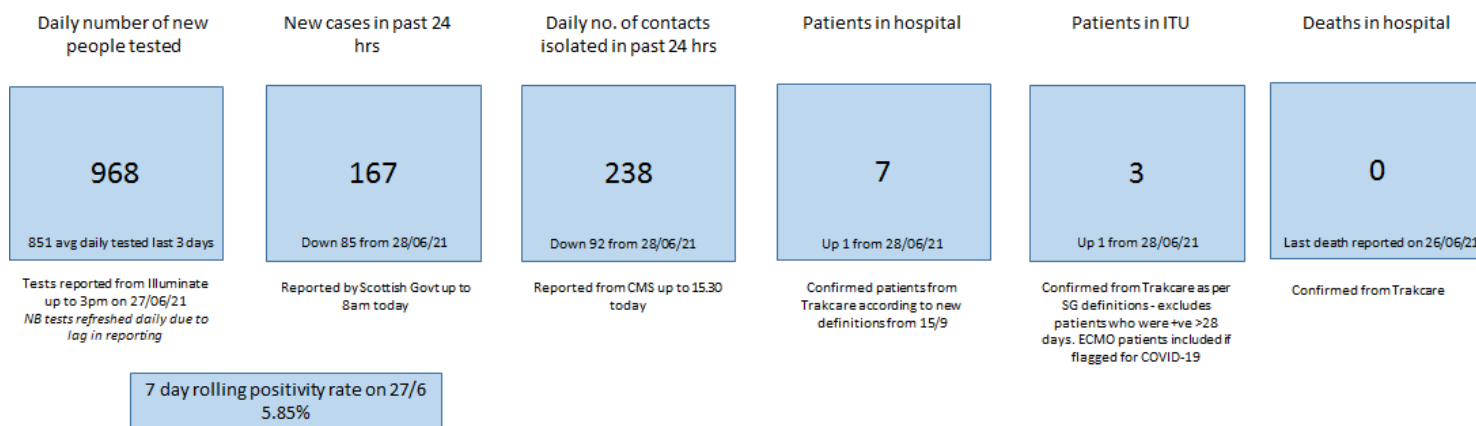
PPE used	Low-risk pathway (green)	Medium-risk pathway (amber)	High-risk pathway (red)
Gloves	Risk assessment - wear if contact with blood and body fluid (BBF) anticipated. <b>Single-use</b>	Risk assessment - wear if contact with BBF is anticipated. <b>Single-use</b>	Worn for all direct patient care. <b>Single use.</b>
Apron or gown	Risk assessment - wear if direct contact with patient, their environment or BBF is anticipated. (Gown if extensive splashing anticipated) <b>Single use</b>	Risk assessment - wear if direct contact with patient, their environment or BBF is anticipated. (Gown if extensive splashing anticipated) <b>Single use</b>	Always within 2 metres of a patient (Gown if extensive splashing anticipated). <b>Single-use</b>
Face mask	Always within 2 metres of a patient - Type IIR fluid resistant surgical face mask <b>Sessional use</b>	Always within 2 metres of a patient - Type IIR fluid resistant surgical face mask <b>Sessional use</b>	Always within 2 metres of a patient - Type IIR fluid resistant surgical face mask <b>Sessional use</b>
Eye and face protection	Risk assessment - wear if splashing or spraying with BBF including coughing/sneezing anticipated. <b>Single-use or reusable following decontamination.</b>	Risk assessment - wear if splashing or spraying with BBF including coughing/sneezing anticipated <b>Single-use or reusable following decontamination.</b>	Always within 2 metres of a patient <b>Single-use, sessional or reusable following decontamination.</b>

Please remember that if a patient has a condition to which their cough may be attributed, they may also be COVID-19 positive. Also, other transmissible infections or procedures may result in risk of splash/spray with blood or body fluids such as coughing, which require PPE to be worn.

**PPE donning & doffing training** These sessions will move to fortnightly during the holiday period, taking place on 6 July, 20 July, and 3 August – all at 11am and all via Teams. If you need to wear PPE as part of your work duties, keep your skills sharp! Email [gram.ipc-donn-doff-training@nhs.scot](mailto:gram.ipc-donn-doff-training@nhs.scot) to book your place.

**Grampian data** Here is the local update for today, including the 7-day rolling positivity rate. As a reminder, this rate is arrived at by dividing the number of positive tests in the past 7 days by the number of tests carried out in the past 7 days. Repeat tests are included in both categories.

The figure for the “daily number of new people tested” is only for the number of tests for people who have not been tested previously. A national update is available on the [Public Health Scotland daily dashboard](#).



**We Care programme – resilience, wellbeing & mental health support** As part of the We Care programme, a range of training and wellbeing sessions are available to you. These include Guided Journaling, Mentally Healthy Workplace Training, and Promoting Resilience in the Workplace. Full details on what these sessions entail, when they will take place, and how to book are included in the flyer attached to the email used to send out this brief.

**NHS Grampian Sports Committee: Free Swimming at the RGU Pool Resumes!** Free Summer swimming for NHS Grampian staff and families is back for the school holidays, 29 June through to 15 August 2021. COVID-19 safe arrangements will be in place so numbers have to be limited.

There are 2 x one hour sessions available every Tuesday

6-7pm (Maximum of 12 people per session) / 7-8pm (Maximum of 12 people per session)

Sessions start from **today**, and will be available for all NHS staff and their families (as long as the staff member is also present at the session), however each individual must book a space using the RGU [online booking system](#) – scroll down until you see ‘NHS Swim 1 Hour’. Bookings can be made up to 7 days in advance. Upon arrival, please present your NHS Grampian ID Badge at reception. In response to a number of requests, the timing of the sessions this year are earlier in the evening to make them more family friendly.

**Tune of the day** A number of you have been kind enough to get in touch to say you treat this feature as a bit of wellbeing time – you stop, turn up the volume, and sing along. [So, no theme today, just an absolute classic, courtesy of one Stevie Wonder.](#)

**Get in touch!** If you’ve got a question, an item to share with people working in health & social care, or just want to suggest a tune of the day, we want to hear from you! Drop us a line via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot).