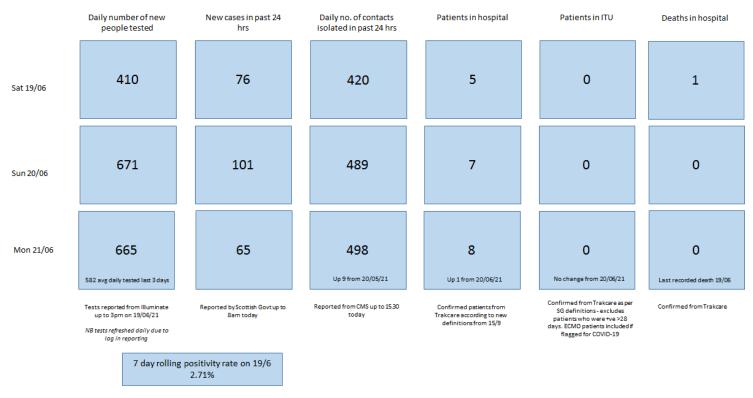
## coronavirus VID-19Brief

Here is the brief for Monday 21 June 2021.

Grampian data Here is the daily local update, including the 7-day rolling positivity rate. As a reminder, this rate is arrived at by dividing the number of positive tests in the past 7 days by the number of tests carried out in the past 7 days. Repeat tests are included in both categories.

The figure for the "daily number of new people tested" is only for the number of tests for people who have not been tested previously.



A national update is available on the Public Health Scotland daily dashboard.

When we have so much information, we cannot be informed While I help write the daily brief, and while we all strive to be clear and helpful, I am somewhat ashamed, when I am asked a NHS question outside of work, my response is far too often "...um....I will ask someone....".

In my defense, all of us are presented with vast amounts of information, and sometimes assailed by it. I am sure I am not the only one with stacks of unopened e-mail, teetering piles of bank statements on the kitchen table and barely acknowledged newsletters from school.

Though (as the conversation unfolded in my home this weekend) what if a vaccine appointment is in there somewhere....?, or, what if the dog ate the letter..?, or it has been 8 weeks and we should have heard..., or that child's craft is made out of a particular NHS coloured paper...., and, what if the appointment arrives when we are on holiday?

Well, help is at hand! From a genuine member of the public (my wife and social media, when I could not answer the question) for all those appointment questions (and more) asked by our friends or family:

https://invitations.vacs.nhs.scot/

Don't despair, it's not too hard; contact them and they will sort it.

## Reminder to staff as we enter third wave It is vitally important staff remember the following:

- Do not attend work with symptoms, a reminder of the symptoms of COVID and what they need to do if they have symptoms. Staff should isolate and book a test.
- LFT is not to be used for testing where staff have symptoms, they must book a test at staff testing centres
- Ensure you are using the corrected PPE this depends on which pathway you are working on and activities being undertaken

PPE info is in NIPCM (including posters) and IPCT can be contacted via clinical advice line.

NIPCM sites for Acute, Community, NNU and Care Home Settings can be accessed from

National Infection Prevention and Control Manual: Responsibilities (scot.nhs.uk)

**Motor Neuron Day** The Scottish MND nursing team, funded by the Chief Nursing office, was established in 2016 to deliver equity of nursing care across Scotland. We are based in all 14 health boards and collectively are driving forward innovative changes in delivering specialist nursing care in a disease that still has no cure or active treatment.

Our team is committed to research and delivering excellent care regardless of postcode. Susan Stewart and Caroline McIntosh are our Clinical Nurse Specialists for NHS Grampian - <u>https://youtu.be/sjJwGD44-qw</u>

**We Need You** If you see something on the NHS Grampian social media pages about urging the public to get tested or go for their vaccines, please share it to your friends and family. The more people we can reach with clear, accurate and up-to-date guidance the better!

**Tune of the day** It's the summer solstice – the longest day of 2021. That's right folks we're officially on the slow trudge back into winter... there's a thought. So, how about a sort of solstice related song to cheer us all up? Now most of you are probably thinking "I bet they'll opt for <u>Stonehenge</u> by Spinal Tap... how obvious" or "pft... <u>Here Comes The Sun</u> by The Beatles, didn't see that one coming" – well you're wrong. Here's the equally obvious, but perhaps more uplifting and eminently more boogie-alongable-to, Katrina & The Waves hit <u>Walking on Sunshine</u>. As a bonus fascinating fact, Katrina & The Waves are unofficially the second-best winners of Eurovision ever, beaten to first place by Finland's Lordi.

Get in touch! If you've got a question, an item to share with people working in health & social care, or just want to suggest a tune of the day, we want to hear from you! Drop us a line via <u>gram.communications@nhs.scot</u>.