

Here is the brief for Friday 4 March 2022.

A Message to all Ukrainian Staff in Health and Social Care Cabinet Secretary for Health, Humza Yousaf and, COSLA Health and Social Care spokesperson, Councillor Stuart Currie have written a letter to staff expressing their “utmost condemnation of the abhorrent and unconscionable invasion of your country”.

They add: “We can’t begin to imagine the shock and pain that you are feeling right now, but want you to know that the whole of Scotland is behind you.

“We know that we have a number of Ukrainian citizens who contribute invaluable to our health and social care workforce, and who have worked tirelessly throughout the pandemic to allow our health services to continue to provide a high standard of care throughout Scotland. You continue, in the most trying of times, to play a vital role in the delivery of our services, and we would like to express our sincere gratitude. We can’t imagine how difficult it is to watch these events unfold, particularly those who have family and friends in Ukraine. Although it is difficult to prioritise ourselves at a time like this, please try and make use of our National Wellbeing Hub or Helpline: <https://wellbeinghub.scot/> or 0800 111 4191”

The full letter is attached to the Daily Brief email.

Reminder - Anti-Racism Poster Campaign The Equality and Diversity Team are mounting an Anti-Racism Poster Campaign from April 2022 onwards to help further promote race equality within NHS Grampian. We have produced two sample posters (attached to the email used to send out this brief) but we are looking for your input. The main themes for the posters are as follows:

- Let’s talk about race
- Racism is wrong
- Racism has no place in healthcare

You don’t need to be an accomplished artist or designer – our in-house design team will take the 12 best suggestions (following judging) and turn them into posters. These will be displayed in our buildings, used on social media, shown on our new information screens, and featured in other race equality work. The successful designers can choose whether or not to have their names on their posters. Multiple entries are welcome.

You can choose one theme or combine several themes and other ideas if you wish. Your posters design in A4 size can be scanned and emailed to: gram.equalityfeedback@nhs.scot or posted by internal or external mail to:

Equality and Diversity Department, Ground Floor Room 4,

Foresterhill House, Aberdeen Royal Infirmary, Foresterhill Health Campus

Aberdeen, AB25 2ZB

The closing date for entries is **Friday 25 March 2022**. All entries will be acknowledged.

Covid update: This week’s [situation update video](#) highlights the continued increase in covid in the community and in hospital. The latest Office National Statistics infection survey, published after our

video was produced, indicates that infection levels in Scotland have increased for the 6th consecutive week. One in 19 people were estimated to have had the virus in the week ending 26th Feb (5.33% of the population). The Grampian caseload remains high, with variation across local authority areas. Moray has seen a steady increase in cases in the past few weeks and close to clusters seen in Highland. Age differences remain in those infected with covid, with rises once again in primary school aged children and people over 50.

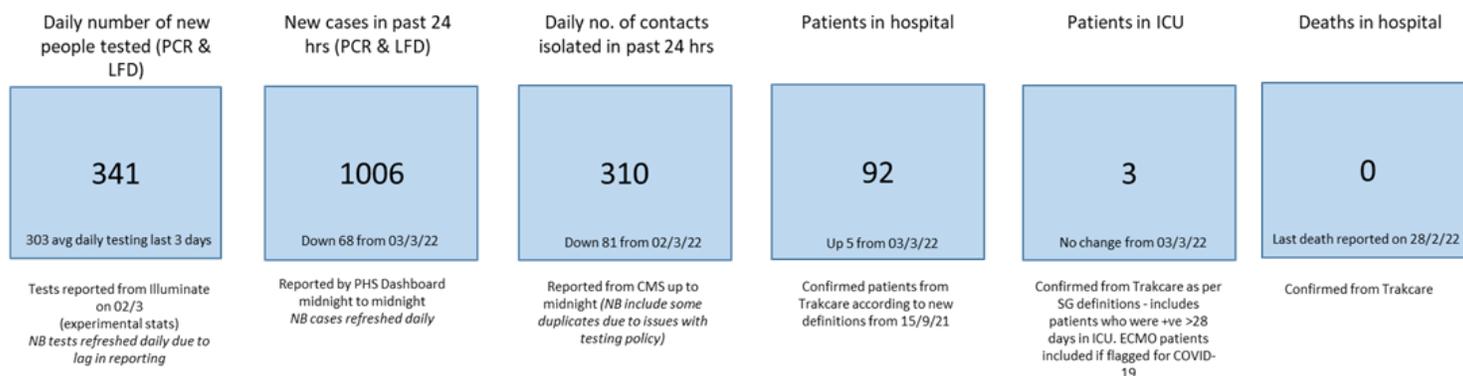
In terms of impact, admissions for people with symptomatic covid are rising, mainly driven by older people. A week of both high admissions and longer lengths of stay, combined with clusters associated with inpatients are contributing to levels of occupancy close to the winter peak. With cases in the community remaining high, the pressure on hospital is likely to continue in the coming days and weeks.

PPE donning & doffing training Here is a reminder of the upcoming dates for PPE donning and doffing training. All sessions take place at 11am, last an hour, and are delivered via Teams. To book a place please email gram.ipc-donn-doff-training@nhs.scot

- March – 9/16/23/30 – all Wednesdays
- April – Tuesday 5/Wednesday 6/Wednesday 13/Tuesday 19

Please bear mind these are refresher sessions and should be completed in addition to (not instead of) mandatory training on Turas. Turas training comes in two parts, 1) Droplet precautions and 2) AGP precautions. Both trainings should be completed annually.

Grampian data The local report is shown below. A complete national report, including the option to view cases at a neighbourhood level, [is available via the Public Health Scotland daily dashboard](#).



Professional Development Award (PDA) in Technology Enabled Care Over the next 12 months NHS Education for Scotland (NES) are supporting 56 fully funded places for the Health, Housing and Social Care workforce to undertake the PDA in Technology Enabled Care. The PDA is for people who are new to or have an interest in technology enabled care, or those who want to develop and advance their knowledge, skills, and abilities in this ever-changing field of practice. A flyer with more information on this opportunity is attached to the email used to send out this brief; applications open on Monday 7 March. [More information is also available on the Turas website](#).

Cyber Scotland Week: Wrap Up I hope the material shared this week has been useful in raising your awareness about the heightened Cyber security status we are presently operating under. To ensure continual Cyber-awareness we will shortly be looking to introduce additional training material modules which are short in duration and focused on specific topics making the training more relevant. The link to Cyber Homepage below will remain and be revised to include more current and relevant information, for instance, coming soon will be a change to our password management system allowing you to combine three random words making the passwords more memorable and secure! Also don't forget to download your Free Sophos Anti-virus software for use on your home computer.

If there is one take-away this week note that recent major cyber incidents (Irish HSE as an example) started with a single malicious ransomware email which then corrupted the IT systems. Use the information provided to help look out for these types of emails and help keep yourself, family, friends and work colleagues cyber safe! Click on the following link and store it as a favourite....thanks

[February 28 to March 6 2022 is Cyber Security Week - Please follow this link for useful advice on Staying Safe at Work and at Home](#)

Grampian Hospital Radio shortlisted for SIX awards Huge congratulations to all the team at Grampian Hospital Radio, who have been nominated for a super six awards at the forthcoming Hospital Broadcasting Association Awards:

- Best Speech Package – Interview with Prof Jason Leitch on ‘The Slice’ with John Graham
- Best Promo – Persley Castle care home request show
- Special Event – Persley Castle care home request show
- Female Presenter – Jenny J
- Best Specialist Music Programme – Golden Memories
- Station of the Year

The awards ceremony will take place in Spring – we wish all the GHR team the very best of luck!

Question of the day As highlighted in yesterday’s brief, we want to know whether or not you plan to continue wearing face coverings in places like supermarkets or on public transport, once the legal requirement is removed on Monday 21 March. If you’ve not had a chance, [please click this link to answer either yes or no](#). We’re also running this poll on the NHS Grampian social media accounts; we’ll share the results on Tuesday. Remember, mask usage will continue in healthcare settings beyond 21 March, as we follow national infection prevention & control guidance.

Tune of the day Today we turn to biomedical support worker Kristen Buchanan for today’s tune. She asked for [Come Sail Away](#), by Styx. (N.B. Kristen had actually asked for South Park’s Eric Cartman’s version of the song - each to their own etc, but it’s truly awful... it can be heard [here](#) if you prefer.)

If you want to request a song for tune of the day, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot