Full complement of Dental students from September 2011

“The University of Aberdeen Dental School was established with a four-year graduate entry BDS programme in 2008. At present there are 15, 18 and 23 students going in to Years 2, 3 and 4 respectively with 20 new students due to commence their studies this Autumn. Research-wise, a number of themes are being developed, specifically around dental education research with an intra- and inter-school approach. Plans are underway for such research to be collaborative with other graduate and non-graduate entry dental schools in the United Kingdom”.

If you are interested in finding out more information about the dental school or wish to contribute to the teaching please contact Dr J Foley, Senior Lecturer/Honorary Consultant on jfoley@nhs.net

The University of Aberdeen Dental School and Hospital are pleased to welcome a number of new members of staff; on the Administration Team they have welcomed not only a new Administrative Officer, Ms Layla Smith, but also a new Administrative Assistant, Mrs Morag Smith, and School Secretary, Miss Shona Lilly. There have also been a number of clinical appointments made; Mr Khaled Khalaf as the University’s Consultant in Orthodontics, in Restorative Dentistry there have been two appointments made, Ms Julie Kilgariff, Senior Clinical Teaching Fellow and Ms Rosa Moreno Lopez, Clinical Teaching Fellow. Ms Angela Pilley has been appointed as a Clinical Teaching Fellow in Oral Surgery and Ms Karolin Hijazi as a Clinical Teaching Fellow in Oral Medicine. A number of sessional appointees have also recently taken up posts with the School providing additional clinical supervision for student clinics in the areas of Dental A & E and Integrated Oral Care.

Specialist Care available for patients in Grampian

A Special Care team is based at Aberdeen Dental School and Hospital continuing to provide a high standard of care for those patients with special care needs throughout the region.

In total 5 dentists within NHS Grampian are on the specialist list for special care dentistry and a number of nurses have the NEBDN Special Care post certification qualification.

These dentists have a great deal of experience in managing vulnerable and challenging patients including those with severe anxiety issues and disabilities.

At the Dental School we have recently had equipment installed to allow nitrous oxide sedation to be used in conjunction with other treatments ensuring that a trip to the dentists can be as stress free as possible for all patients.

Additionally, a wheelchair recliner allows patients with mobility issues to be seen and treated easily throughout the region.

Any patient referrals to the service should be made via the Dental Advice and Referral Centre based at Westholme, Woodend Hospital, tel: 0845 45 65 990.
Aberdeen University dental course update

The teaching programme has been designed around 6 themes as follows:

- General Health and Disease
- Dental Health and Disease
- Patient Care
- Behavioural Science and Dental Public Health
- Law, Ethics and Professionalism
- Decontamination and Infection Control

The main theme of the course emphasises clinical contact and, as such, the programme runs with an integrated Clinical Skills teaching programme around all core disciplines. Clinical allocation in firstly Restorative Dentistry and thereafter in Paediatric Dentistry, Dental A and E and Special Care Dentistry. Clinical attachments to Oral and Maxillofacial Surgery, Orthognathics, Accident and Emergency and Anaesthetics commence in Year 3 and, from April 2011, students in this year are allocated on a weekly basis to outreach teaching.

At present, student teaching is provided by a combination of University staff and Senior Salaried General Dental Practitioners. In addition, a number of sessional General Dental Practitioners have been appointed with further academic staff appointments in Restorative Dentistry having been made. Teaching in other areas, for example Oral Medicine, is undertaken by visiting specialists or Consultants in their appropriate fields. Further information can be obtained by contacting Dr J Foley on jfoley@nhs.net

NEW PRIMARY CARE REFERRAL CENTRE

The Dental Advice and Referral Centre team consists of 1 Administration Manager, 5 fully qualified dental nurses and 1.5 administration assistants.

Dental Information & Advice Line (DIAL)

DIAL was set up in 2005. The service operates from 08.05 to 17.45 Monday to Friday and most public holidays.

DIAL provides emergency dental cover for the whole of the Grampian area and receives on average 8430 calls per month. DIAL staff are required to triage each call, provide help and advice and, when necessary, arrange emergency treatment appointments.

There are 22 Dental practices that provide day time emergency appointments and the DIAL staff co-ordinate with these practices in order to provide the best emergency cover for members of the public.

DIAL staff also work very closely with NHS 24 providing day time appointments for those patients who have contacted NHS 24 out of hours.

Additionally, DIAL also send waiting list forms to members of the public who request a form and help provide practices with NHS patients from the waiting list.

Referral Centre

The Referral Centre has been in operation since May 2011. The Centre receives referrals for Primary Care Dental which includes Children’s Dental Service, Special Care, Minor Oral Health Surgery and Domiciliary requests.

Since opening in May the Referral Centre has received 508 referrals for quarter May to July. On receipt of a referral it is logged and passed to the appropriate specialist by email. The referring practitioner is then sent a letter informing them that their referral has been received and actioned.

On completion of treatment the referring practitioner will receive a letter informing them of any treatment carried out. The Referral Centre Team also arrange appointments for GA Pre Assessment Clinics and Minor Oral Surgery Clinic.

The Dental Referral Guide was sent to all dental practices at the beginning of August.

Further copies can be downloaded from: www.hi.netgrampian.org/referralformbyspeciality

Improving care for vulnerable patients

A Special Care sub group initially met in May 2009 consisting of dental professionals from NHSG with an interest in supporting those with varying care needs and developing service pathways for these, sometimes vulnerable and overlooked, patients.

Consultation was held with other health professionals and patients/carers with a series of workshops, and a review of national guidelines and policies as well as linking with other interest groups.

The group fed into the developing Managed Clinical Network for Oral Health and Dentistry which has been working to produce recommendations to improve patient care.

A final report and recommendations has now been produced and we are looking at implementing the recommendations which have all been accepted in principle by NHSG and fall in to 4 main areas:

- Patient Care Pathways
- Organisation, Services, Guidance and Standards
- Premises
- Training

Some of the recommendations have already been actioned and a plan is being produced in order to ensure that progress can be monitored for all of the recommendations.

The group has also produced a guide for general dental practitioners and is linking with the equality and diversity department to develop an information leaflet for patients.


Any comments are welcomed. Please email to the Chair of the sub group: lain.bovaird@nhs.net
Aberdeen Dental Outreach Centre

The Aberdeen Dental Outreach Centre was opened in September 2006 and is an 8 chair undergraduate teaching clinic used by final year dental students from Dundee University Dental School. The students treat adult patients from the Grampian area in a primary dental care setting under the supervision of experienced general dental practitioners. Additionally they have had the opportunity to visit other dental clinics within the Aberdeen area to experience orthodontics, oral surgery, paediatric and special care dentistry.

The Outreach Centre has developed as a result of the partnership between NHS Grampian, Dundee University Dental School and NES. At present, the supervising dentists are Dr Eileen Cruickshank, Dr Bernice McLaughlin, Dr Claudia Cunningham, Dr Jim Pairman and Dr Andrew McIntosh and Jill Greig is the Dental Nurse Team leader.

This new intermediate care service will be operational from September 2011. It has evolved in partnership with the Consultants and staff of the Oral and Maxillo-facial Surgery Department, ARI, who have provided guidance and training for the dentists and nurses involved in this new service.

The dentists have all worked at SHO level in Oral and Maxillo-facial Surgery Departments and are currently participating in further training.

Bernice McLaughlin and Andrew McIntosh have been training on the Dentist with Special Interest in Oral Surgery programme at the Oral and Maxillo-facial Surgery Department since Sept 2010.

Archana Kavi is currently in her Diploma year of her Master of Science in Oral Surgery at UCLAN.

Four dental nurses have been trained through evidence based and competency learning programmes: Jill Sligo, Tracy Dickson and Lara Sergejeva.

The service will operate from Argyll Dental Practice, on the Forresterhill site on a Mon/Wed/Fri. It will provide treatment under local anaesthesia only.

Referrals can be made to:
Surgical Dentistry Services,
Dental Advice and Referral Centre
Westholme
Queen’s Road
Aberdeen
AB15 6LS
email: grampian.pcdreferralhub@nhs.net
tel: 01224 556301

by post or fax (01224 556587) from NHS practitioners, using the referral form on pg 51-52 of the Dental Services Referral Guide:

Referrals accepted for:
- surgical treatment of failed extractions
- surgical removal of fractured/buried roots
- impacted third molars with soft tissue/moderate bone impaction
- mild/moderate medically compromised patients; ASA I/II, eg. patients on warfarin, requiring extractions and suitable for treatment under local anaesthesia.

NB: patients will be pre-assessed to allow speedy onward referral to secondary care if deemed necessary. Normal NHS charging criteria apply.

Referral forms may also be downloaded from:
www.hi-netgrampian.org/referralformsbyspecialty or e-mail grampian.pcdreferralhub@nhs.net

Smoke Free Homes and Cars project

NHS Grampian in partnership with Grampian Fire and Rescue Service and Aberdeen City Council has developed a pilot project which aims to reduce children’s exposure to second hand smoke in the home and car.

NHS Grampian are providing short training sessions for health care staff who will be in a position to raise awareness amongst parents and families.

If you wish to find out more about the project or would like to attend a training session please contact Irene Fraser, Smoke Free Homes and Cars Co-ordinators on: 01224 555336 or irenefraser@nhs.net

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News from Spynie Dental Centre

With the arrival of final year dental students from the Aberdeen Dental School and Hospital and final year dental therapy students from UHI School of Oral Health Science in Inverness the Centre is now working at full capacity. Allied to this is the appointment of new dentists in the Public Dental Service in Moray - three of whom are from Ireland – resulting in all PDS surgeries across Moray also working at full capacity.

This is a significant turn around from 2 years ago and will now allow the service to develop by, not only making an impact on the waiting list of those wishing NHS dental treatment in Moray, but also in support of the independent dental practitioners by providing a range of complementary services to which they can refer patients.
the prohibitive effects of social deprivation on health, wellbeing and attainment of personal potential.

**Accolade for Oral Health Advisor**

Katie Cunningham, Oral Health Improvement Advisor, within the Public Health Team at Summerfield House was recently awarded second place in the “Scottish Young Thinker of the Year” competition. The competition is part of the Young Scotland Programme organised by the Institute of Contemporary Scotland to stretch the minds and broaden the horizons of young people in the early stages of their career. Katie chose social inequality as the subject for her paper, arguing that more must be done to tackle

**Training Opportunity for Dental teams**

**Course**

Improving Health: An introduction to developing effective practice

**Date**

Wed 8th February 2012

**Venue**

Aberdeen Dental Education Centre

**Aim**

The aim of this half-day workshop is to provide an introduction for members of the dental team to explore concepts of improving health and reducing health inequalities in the context of dental practice and gain an appreciation of the range of approaches to health improvement and their application in the health service setting.

The workshop has been developed specifically to work as a standalone introductory workshop to health improvement and health promotion. It will also introduce opportunities for further learning and development opportunities, in particular the university-accredited module – Improving Health: Developing Effective Practice (IH:DEP) The course has a credit rating of 15 SCQF (Scottish Credit & Qualifications Framework) points at Level 9.

If anyone is interested in finding out more about the course or would like to attend please visit the NHS Education Scotland portal (Northeast section) at: www.portal.scot.nhs.uk.

The cost for this ½ day course is £10 payable at time of booking.

**BBV and Dental Health training for all dental professionals**

Staff from NHS Health Promotion and Health Protection are currently running training sessions across Grampian on Hepatitis C with the aim of reviewing and updating existing knowledge. These sessions are free and open to all staff working within Dental Health and represent 1.5 hours of verifiable CPD and have been well attended by a cross section of dental staff. The evaluations indicate that the training has been very informative and worthwhile.

Sessions are being run throughout Grampian and places are still available and can be booked by contacting Carole-Ann Duff (01224 558673) or caroleannduff@nhs.net.

**First 15 local graduates looking for places next year in Grampian**

There has been a record number of 15 Dental Vocational Trainees in Grampian in 2010-11, and this will increase to 16 in 2011-12.

Not only do patients enjoy access to NHS care provided by these new dentists during their training year, but there is an ongoing benefit as many of the trainees take up their next post in Grampian. Of the group who completed VT in July 2011, 5 have taken posts in practices in the region and a further two have gone on to a second year of training in various hospital posts in Aberdeen.

The high number of training practices bodes well for 2012 when the first 15 students will graduate from Aberdeen Dental School and will hopefully be looking for employment in this region.

If you are interested in any aspect of Vocational Training, contact: graham.orr@nes.scot.nhs.uk

**SUCCESS FOR SEDATION TEAM**

Francis Collier, SSGDP in Anxiety Management and Sedation, has successfully gained entry to the GDC Specialist List in Special Care Dentistry. Francis has a special interest in the provision of conscious sedation for a wide range of patient groups, as well as the provision of sedation training for dentists, dental students and dental care professional colleagues.

Susan Cowie has recently gained her Certificate in Dental Sedation Nursing from the national Examining Board for Dental Nursing. She adds this post certification qualification to the Certificate in Special Care Dental Nursing which she gained previously. Susan is a long standing member of our dental team in NHS Grampian.

Emma Whyte (right) recently joined the staff in NHS Grampian based at Seafield Road Dental Practice in Aberdeen. She holds a Certificate in Dental Sedation Nursing as well as in Dental Radiography.

**We want to hear from you!**

If you have any news you would like to be included in the next edition of Dental News – we want to hear from you!

We are keen to hear from all dental professionals across Grampian and the North East of Scotland. Please submit any articles to: Carole-ann Duff, Oral Health Administrator by email: caroleannduff@nhs.net
Oral Health Improvement Nurse Team Leaders

NHS Grampian recently welcomed a new team of Oral Health Improvement Nurses to the 3 CHP’s. The purpose of their role and the service they will provide is to implement and co-ordinate oral health initiatives for Priority groups including children and adults with special needs, looked after children, prisoners, the homeless community, elderly in home care and the travelling community. All team members come with many years experience promoting oral health working in Community, General Practice and education settings.

If you would like to contact your local team for more information on their role and remit please contact:

**Aberdeen City CHP**
St Martin House
181 Union Street
Aberdeen, AB1 1BB
Tel: (01224) 224952/224953
Elaine Gray: elaine.gray@nhs.net
Jackie Park: jackiepark@nhs.net
Shirley Beattie: sbeattie@nhs.net

**Aberdeenshire North CHP**
Dental Dept
Ellon Health Centre
Schoolhill
Ellon, AB41 9JH
Tel: 07557317805
Diane Milne: diane.milne@nhs.net

**Moray CHP**
Spynie Dental Centre
Spynie Hospital
Duffus Road
Elgin, IV30 5PW
Tel: 01343 559873
Anne Cousins: anne.cousins@nhs.net

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**Childsmile now in Statement of Dental Remuneration (SDR)**

The Scottish Government, Childsmile, British Dental Association and a number of key stakeholders have all been involved in the planning of this process. The information below details aspects of the progress so far:

**Scottish Government** will shortly issue PCA to inform GDPs about the detail of the changes to the SDR and this will come into effect on 1st October 2011.

**NHS Practitioner Services Division** are ready to gather data and provide analysis.

The key changes to dentists and corporate dental bodies providing general dental services will be an additional capitation payment for undertaking key preventive actions in pre-5 children and an item of service payment for fluoride varnish application.

**Childsmile Training**

NHS Education Scotland provides a Childsmile training programme for dental nurses. They have online portal booking facilities which provide details of 1 day fluoride varnish and 6 day training courses available in your area. The requirement to complete the 6 day Childsmile course to enable these nurses to deliver the oral health interventions remains.

**Childsmile Programme**

Childsmile coordinators are contacting all dental practices to support them in this new practice to ensure that they are aware of what is involved in delivering Childsmile activities. They will provide information on the service delivery standards and expectations of practice, training and resources, referral processes and role of the Childsmile coordinator and Dental Health Support Worker.

Please contact the Grampian co-ordinators below for further information:

**Aberdeen City**
Pippa Robbie 01224 550088

**Aberdeenshire**
Annette Johnson 07500 033 767

**Moray**
Carol Craig 01343 559871

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**Support for Practitioners**

NHS Health Scotland have been working on developing a guidance document on Childsmile for general dental practice. This document will be sent to every dentist in Scotland with estimated distribution date of 15th September 2011.

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**Help the Environment**

Sign up for an e-copy of Dental News by contacting Carole-ann Duff, Oral Health Administrator 01224 558673 or email: caroleannduff@nhs.net
Alternatively, download the latest copy on the NHS Grampian Dental website: www.nhsgrampian.org and select Dental Services then News.

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**MCN WORKSHOP**
30th November 2011 AFC PITTDRIE STADIUM: 9.30 – 4 PM
The attendance of as many clinical staff as possible is requested at the above event in order to reflect on recent successes and agree a way forward around future challenges.

RAY WATKINS, CONSULTANT IN DENTAL PUBLIC HEALTH

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Sign up for an e-copy of Dental News by contacting Carole-ann Duff, Oral Health Administrator 01224 558673 or email: caroleannduff@nhs.net
Alternatively, download the latest copy on the NHS Grampian Dental website: www.nhsgrampian.org and select Dental Services then News.
A Very Fond Farewell to Maggie Leggate

An evening to recognise the work of Maggie Leggate, and to bid her a very fond farewell for her retirement, was held at The Suttie Centre for Teaching and Learning, Aberdeen on Thursday 25th August.

Maggie first came to Aberdeen in 1978 to work in the King Street Dental Practice as a GDP, and travelled at least one day per week to work as an honorary clinical teacher at the University of Dundee Dental School. Whilst working in oral surgery and the training of dental hygienists, she was also a General Dental Council Examiner for Dental Hygienists and in the teaching of undergraduate periodontology.

In over 30 years of working in Grampian Maggie has made a significant contribution in her role as Specialist in Periodontics, Dental Clinical Effectiveness Adviser and previously in her role with NHS Education for Scotland as Continuing Professional Development (CPD) Tutor for General Dental Practice.

During her time with NHS Education for Scotland Maggie developed a Dental Nurse Training programme when no training facility was available in the region. She also established a CPD programme for dental nurses, hygienists, receptionists and practice managers, including the Royal Society for Public Health Award in Oral Health Promotion, to which she has taught and mentored over 70 delegates through to successful completion.

Maggie also held a part-time post as Dental Clinical Effectiveness Adviser to NHS Grampian, running an active training programme on dental clinical audit. During her career Maggie also found the time to serve on several national dental health committees including the National Dental Advisory Committee Decontamination Working Party and was involved in developing a pilot scheme for SIGN guideline 47 on targeted caries prevention for 6 – 16 year olds when she was a Clinical Research Fellow at Dundee University from 1996 - 98.

Maggie was presented with gifts from her dental colleagues within Grampian and gave her sincere thanks for their kind wishes and friendship over the years.