

Friday 9 February 2024

**NHS Grampian Charity – making the difference** Getting treatment in hospital can be a scary experience for patients, especially when they are faced with a range of medical equipment they have never seen or heard of before. NHS Grampian Charity was delighted to work with the Coronary Care team at ARI to fund an information board which shows some of the unit's most-used equipment. The diagram gives a visual aid for patients and their families to see what a piece of equipment is and a brief description of how it is used, which can help reduce their anxiety and worry about treatment. The charity also funded a bright and informative Welcome Board at the entrance to the unit, to help answer some of the most frequently asked questions from patients and visitors. Thank you to Joanne and Sofiya from the Coronary Care team for helping to show off the new signage!



If you want to hear more about the work NHS Grampian Charity does in hospitals across Grampian, please follow us on Facebook. To find out more about what we fund and how we can support your department, [please visit the NHS Grampian Charity page on the intranet](#) (networked devices only).

**Staff physiotherapy service – self-help guide updated** The staff physiotherapy service produces an information guide, to help you understand the different types of musculo-skeletal pain, and how we can all be more physically active. [The latest update covers tennis elbow.](#)

## That was the week that was

Monday 5 – contents of emergency drug boxes, discharge tab availability extended on TrakCare

Tuesday 6 – Chief Executive's update – finance, staff survey on winter vaccination programme

Wednesday 7 – measles update & staff vaccination opportunity, annual leave reminder

Thursday 8 – glove use poster, Culture Survey 2024

[All briefs are stored online, just click this link](#) or visit Working with Us>HR Portal>NHSG Staff Daily Briefs on the NHS Grampian website.

**Celebrating our successes** Huge congratulations to colleagues far and wide across services who continue to pick up STAR Awards, DAISY nominations, and thanks and recognition for the mountains of work you do week in, week out. We heard from a couple of families this week who were only too keen to sing the praises of our midwifery teams.

Kay Lesley is Aberdeen Maternity Hospital's newest DAISY honouree, nominated by several families including Iona Mclean who was supported by Kay after developing severe pre-eclampsia. Her wee one, Isla Grace is now 20 months old and thriving, and her mum says Kay was "absolutely amazing and incredibly calming."

After a huge amount of work by staff and partners to address complex water quality issues, and ensure refresher training on supporting water births, the birthing pools at Inverurie re-opened last week. Natalie Mackie was the first mum to benefit and was absolutely delighted with the care she received from midwives Erin and Jude, and student midwife Marieta, during her labour. She said: "The team was fantastic. It was such a nice atmosphere from the get-go. I feel I got everything I could have wanted."

Whatever service you're in the business of delivering or supporting, know it has an impact. Thank you all!

To make a STAR award nomination, you can [complete the online nomination form](#), or email the details of the person/team you want to nominate to [gram.staffthanksandrecognition@nhs.scot](mailto:gram.staffthanksandrecognition@nhs.scot)

More information about the DAISY Award is available here: [NHS Grampian DAISY Awards](#)

**Fancy a kickabout?** Our Aberdeen Mixed Football club is looking for new members to join. All welcome, regardless of your skills. They currently run one session per week on a Wednesday from 7.30-9pm at Fives on Nelson Steet, Aberdeen. There are no associated costs. If you are interested in joining, please contact either [daniel.cowper@nhs.scot](mailto:daniel.cowper@nhs.scot), [martin.beattie@nhs.scot](mailto:martin.beattie@nhs.scot), or [hannah.mitchell3@nhs.scot](mailto:hannah.mitchell3@nhs.scot) and they can add you to the Teams chat.

**Tune of the day** Our tune today is dedicated to Fred Nimmo, a senior analyst in Health Intelligence. This week he celebrated a whopping FIFTY years with the NHS, at an event attended by colleagues present and former, along with Adam Coldwells and Alison Evison. From one legend to a tune from another, Barry White's [Never, Never Gonna Give Ya Up](#) is our tune of the day.



We are (almost) done for another week. Whether your weekend involves following the football (COYR!), the rugby, or taking stock and recharging, enjoy. The brief will return on Monday (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)